

THE PROSTAGLANDINS: A FAMILY OF BIOLOGICALLY ACTIVE LIPIDS

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An observation that the human uterus could react with either strong contractions or relaxation on instillation of fresh human semen was reported in 1930 by the two New York gynecologists Kurzrok and Lieb (225). A few years later M. W. Goldblatt (166, 167) in England and U. S. von Euler (153, 154) in Sweden independently observed and studied the strong smooth-muscle stimulating activity of human seminal plasma. Von Euler found similar effects in the seminal fluid of the monkey, sheep, and goat and in extracts of the vesicular glands of male sheep, but not in a number of other species. He prepared lipid extracts of these glands and found the activity to be associated with a fraction containing lipid-

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soluble acids. The active factor was named "prostaglandin" and extensive studies of the pharmacological effects of these extracts were reported (155-158, 160, 167).

It is curious that these findings did not arouse more interest among scientists in the field, but the second World War and the new biomedical problems it brought into focus are the most probable explanations.

Starting in 1963 there was renewed interest in the biology of these compounds. Furthermore, several other tissue extracts were shown to contain prostaglandins as their active constituents, and this stimulated prostaglandin research in other areas. As a result, the prostaglandin literature is extremely varied, including much preliminary and sometimes contradictory information. Statements in this review must often be tentative and criticisms reserved pending future confirmatory and more detailed studies. The reviewers have intentionally included much preliminary data in order to stimulate interest and provide direction for further research. We hope this review will provide a key to all biological studies on prostaglandins currently available. In the interest of brevity, ancillary and historical literature citations have been held to a minimum.

I. CHEMISTRY

A. Isolation and structure

Early chemical exploratory work by Bergström (31) showed that the observed biological activity was due to a new type of highly active, lipid-soluble, unsaturated hydroxy acids. The isolation in pure crystalline form from sheep glands of the first two prostaglandins, now called PGE₁ and PGF_{1 α} , was reported in 1957 by Bergström *et al.* (54) and Bergström and Sjövall (61-63). Ultramicroanalysis and mass spectrometry of the first small amounts available proved that they had the empirical formulas C₂₀H₃₄O₅ and C₂₀H₃₆O₅ respectively (53). The complete structure of PGE₁ (fig. 1), (-) 11 α , 15 (S)-dihydroxy-9-oxo-13-*trans*-prostenoic acid, was elucidated by various degradations, and again mass spectrometry in combination with gas chromatography played a decisive role (2, 55-58, 248). Several related prostaglandins have been isolated, mainly from human seminal plasma and sheep vesicular glands, and their structures determined (48, 49, 178, 180, 277-279, 281).

All the prostaglandins contain 20 carbon atoms and have the same basic carbon skeleton, "prostanoic acid." The complete stereochemical structure of all the "primary" prostaglandins, E₁, E₂ and E₃ and the corresponding F _{α} compounds, are shown in the first column of figure 1, together with those of a number of related naturally occurring prostaglandins.

All prostaglandins of the E type contain the characteristic 11 α -hydroxy and 9-keto groups on a 5-membered ring. This structure is easily dehydrated by weak alkali to the 10:11 unsaturated ketone (PGA) that can rearrange to the doubly conjugated ketone (PGB). These compounds have UV absorption maxima at 217 and 278 m μ respectively, and were formerly designated PGE-217 and PGE-278 (181). The F prostaglandins are analogous to the E compounds but the 9-keto group is reduced to a hydroxyl. Chemical reduction of PGE yields two isomeric alcohols, F _{α} and F _{β} (53). Only the F _{α} isomer occurs naturally.

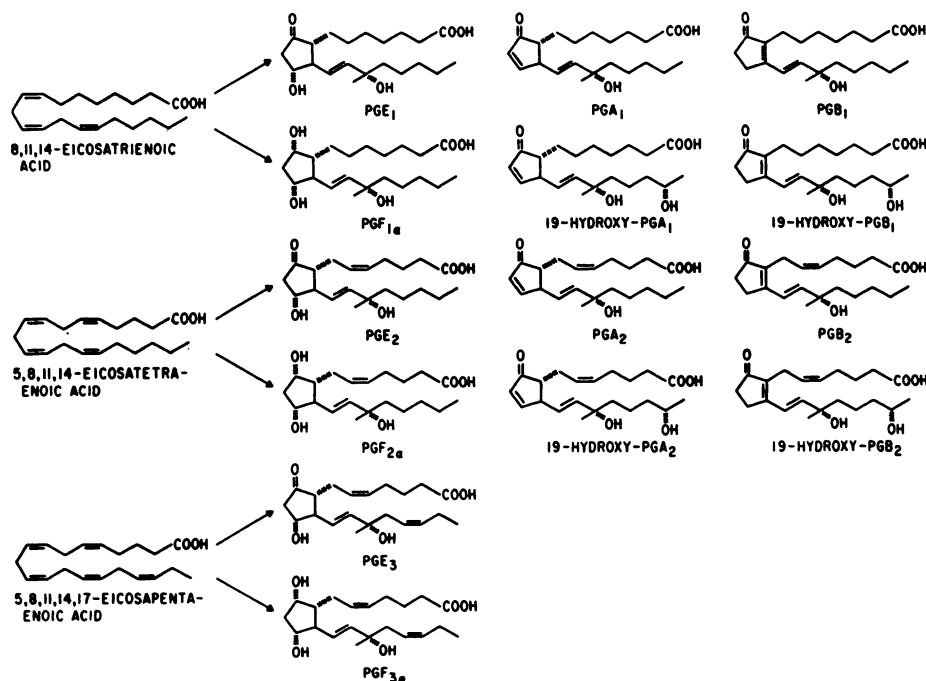


FIG. 1. Structural formulas of the naturally occurring prostaglandins and their precursors.

All the "primary" prostaglandins contain the 13:14-*trans* double bond. The E_1 and F_1 compounds contain only this one double bond whereas E_2 and F_2 have two bonds (5:6-*cis* additional) and E_3 and F_3 have three bonds (5:6-*cis* and 17:18-*cis* additional). The dehydration products, PGA and PGB corresponding to both PGE_1 and PGE_2 , have all been isolated from human seminal plasma together with the corresponding 19-hydroxy-substituted compounds shown (178, 180). Of the prostaglandins shown in figure 1, all except PGF_{3a} occur in human seminal plasma.

For further information on the chemistry and biochemistry of the prostaglandins the reader is referred to other reviews (27, 32-34, 60, 283, and especially 267).

The actions of E, F and A prostaglandins are often dissimilar and sometimes are opposed. Thus, the PGEs are vasodepressor agents, decrease the motility of the human uterus at ovulation, of the fallopian tubes, and of the ureter, whereas the PGFs usually have the opposite effects. On the other hand, both PGEs and PGFs tend to increase cardiac output, probably as a result of increased return of blood to the heart, and to induce contraction of isolated gastrointestinal muscle and constriction of the iris. The PGAs are like the PGEs with respect to their vascular actions, but are virtually inactive as gastrointestinal contracting agents. The PGEs are the only prostaglandins so far tested which have significant antilipolytic activity.

B. Occurrence

Prostaglandins are ubiquitous among mammalian tissues. In most tissues investigated there are strong indications that prostaglandins are present, but as the concentrations are at most about 1 $\mu\text{g/g}$ of wet tissue the analytical problems of separating and determining these relatively labile and closely related compounds have presented difficulties. Chromatographic procedures and isotope dilution analysis have been useful (49, 59, 97, 98, 172, 278). Thin layer chromatography combined with bioassays on smooth muscle has yielded very sensitive methods (section II A). There is, however, great need for even more sensitive and specific methods to reach the level necessary for many physiological studies.

With these methods the presence of primary prostaglandins has been demonstrated in a number of different tissues, such as lung (48, 281), thymus (59), brain and spinal cord (8, 124, 189, 200, 213, 280), kidney (130, 228, 229, 312), iris (8, 15, 332), umbilical cord (210) and human decidua (211), and there are strong indications of an occurrence in or release in low concentrations from many other tissues, such as fat (266, 296), adrenals (266, 268) ovaries (160), stomach (30, 123), intestines (8, 9, 318, 330) and nerves (269, 270). Prostaglandins also occur in menstrual and amniotic fluid (section IV C and D), darmstoff (318, 330), and SRS-C (slow reacting substance liberated by cobra or bee venoms) (330).

Human and sheep seminal plasma exceed other tissues in the number of different prostaglandins present and the total concentration of over 100 $\mu\text{g/ml}$ (see section IV A).

C. Biosynthesis and metabolism

The elucidation of the structure showed that the primary prostaglandins differ only in their degree of unsaturation, the additional double bonds being located in relation to the carboxyl and methyl groups in the same way as in certain naturally occurring C-20 acids of the "essential" fatty acid group. This led to the independent discovery by van Dorp *et al.* (135, 136) and Bergström *et al.* (46, 47) that *dihomo- γ -linolenic acid* (all-*cis*-eicosa-8, 11, 14-trienoic acid), *arachidonic acid* (all-*cis*-eicosa-5, 8, 11, 14-tetraenoic acid), and all-*cis*-eicosa-5, 8, 11, 14, 17-pentaenoic acid are transformed in high yields into PGE_1 , PGE_2 , and PGE_3 , respectively, when incubated with whole homogenates of sheep vesicular glands. This biosynthetic reaction has also been demonstrated in bovine seminal vesicles (336), lung (18, 133, 246), iris (137), stomach (252), intestinal mucosa (133, 246, 331), brain (213, 252), and human endometrial curettings (133) and to a lesser extent in uterus, thymus, heart, liver, kidney, and human decidua (133, 246, 331).

The biosynthesis is effected by an enzyme system associated with the microsome fraction and a heat stable factor present in the supernatant (134, 285, 343). Whole homogenates of vesicular glands yield mainly E-compounds whereas lung homogenates yield comparable amounts of F_2 - and E-compounds (or their metabolites). The yield and proportions can be varied by addition of glutathione, tetrahydrofolate, hydroquinone *etc.* (246, 285). Under optimal conditions a yield of more than 60% of PGE_1 can be obtained. The enzyme system has recently been solubilized and partially purified (286).

Several isotopically labeled prostaglandins have been prepared from specifically labeled fatty acid precursors (136; for summary, see 182). For biological studies they have been prepared by partial reduction, with tritium gas, of other prostaglandins (46, 47, 135, 171, 282).

When biosynthesis is done in guinea pig lung homogenates, extensive further metabolism of the E-compounds formed is observed (14, 17, 18, 20). The two compounds shown in figure 2 are formed by dehydrogenation of the hydroxyl at C-15, reduction of the 13:14 double bond, or both. In pig lungs the 15-ketone is the only product. The dehydrogenase involved has been isolated. This enzyme has a high degree of specificity, and may be of value in a specific analytical method (19). These metabolites have some biological activity (12). Similar metabolism of E prostaglandins has been observed in several other tissues from several species including man (21). They have been identified in the blood of rats after administration of PGE₁ (282). A urinary metabolite of PGF_{1 α} has been identified as the *dinor*-compound formed by β -oxidation (169), but many urinary metabolites of prostaglandins remain to be identified.

D. Distribution and excretion

After intravenous administration of minute amounts of tritium-labeled PGE₁ to rats, about 50% of the isotope is recovered in the urine and 10% in the feces within 20 hours. Fecal recovery is due to biliary excretion. The metabolites formed in lung homogenates as described above are detected in the plasma only, some unchanged PGE₁ with unidentified polar metabolites is found in the liver, and only polar metabolites are found in the urine (282). After intravenous administration in man, labeled material disappears very rapidly from the blood during the first 10 minutes; by 1 hour radioactivity in the blood reaches a low steady level. Excretion into the urine and feces is nearly complete in 10 hours. Total recovery of injected radioactivity is about 60%, 40% in the urine and 20% in the feces (170).

Studies of the distribution of PGE₁ in rats (282) and sheep (283) show high concentrations in the kidneys and liver, and a concentration slightly above blood level in the lungs and a number of endocrine organs. Significant concentrations of tritium were found in the uterus and fallopian tubes of the ewe and in the vesicular glands of the ram.

The distribution of small amounts of tritium-labeled PGE₁ in mice has been studied by means of autoradiography (184). The highest concentrations are observed in kidney, liver, and connective tissue with somewhat lower concentrations in lungs and myometrium. A similar distribution was found for PGF_{1 α} (171).

Prostaglandins E₁ and E₂ are rapidly removed from the blood during one circulation through vascular beds (163). The prostaglandin was infused into the arterial supply and the venous effluent assayed by the blood-bathed organ technique of Vane (324). Disappearance was estimated by comparing the amount of prostaglandin required for an equivalent effect when infused directly into the venous effluent. Over 90% of infused prostaglandins disappeared in one circulation through the lungs of cats, rabbits and dogs, somewhat less through cat liver,

and 50 to 66 % through the cat hindquarters. Whether this disappearance represents uptake or metabolism cannot be answered at present. The observations are consistent with the rapid disappearance from the blood, metabolism observed in lung tissue *in vitro*, and concentration in liver tissue after intravenous injection discussed above. In anesthetized dogs, changing the route of infusion from intravenous to intra-aortic increased the vasodepressor and cardio-accelerator response (42, 114), but not to the degree which might have been anticipated for a 10- to 20-fold increase in effective blood level. It is possible that uptake mechanisms may have become saturated or that metabolites formed may have had activity.

II. ACTIONS ON SMOOTH MUSCLES *IN VITRO*

A. Bioassay of prostaglandins

Von Euler (158) defined a "prostaglandin unit" as the amount that would lower a rabbit's blood pressure about 30 %. This unit of activity was represented by 0.1 mg of the barium salt of prostaglandin. Eliasson (144) used a unit for a human seminal-fluid prostaglandin (HSF-PG) based upon similar biological activity, which on subsequent assay was equivalent to 1.5 Euler units. Hawkins and Labrum (186) used still another arbitrary unit. Somewhat later, a "PGE₁ intestinal unit," equivalent to 1 μ g of pure PGE₁ assayed on rabbit duodenum, was used to measure activity during fractionation procedures (54, 279).

When pure prostaglandins became available, attempts were made to relate the other units to PGE₁. This could not be done with precision since the standards were mixtures of PGE and PGF prostaglandins (51, 88) and the amount needed for equivalent activity varied with the sensitivity of the assay tissue to the PGF component (51). Roughly, however, 1 Euler unit = 4.5 μ g PGE₁ (51, 203), 1 Eliasson HSF-PG unit = 10 μ g PGE₁ (90), and 1 Hawkins and Labrum unit = 20 μ g PGE₁ (203).

Although chemical methods are available for assay of seminal prostaglandins (97), bioassays must still be used because of the minute amounts involved in fractionation procedures and in the identification and assay of prostaglandins in tissues and body fluids. Assays of prostaglandins can be performed on rabbit and guinea pig intestine (11, 13, 144, 194), rat stomach fundus (125) and uterus (144, 194), and hamster colon (6, 194). The effect on rabbit and rat blood pressure has been used to assay the vasodepressor action of prostaglandins, the latter species especially for renal vasodepressor lipids (section VI C) (188, 228, 312). In spite of the extensive use of bioassays, no careful evaluation of methods, with adequate dose-response curves and statistical analyses, has been reported. Dose-response curves have been published for PGE₁ (228) and PGF_{2 α} (13) on rabbit intestine, PGE₁ and PGF_{2 α} on guinea pig and rat uterus (316), PGE₁ on rat stomach (343), PGE₁ on dog blood pressure (245), and rabbit renal vasodepressor lipid on rat blood pressure (228, 312). Four- or 6-point assays have been used (11, 144), but generally unknowns and standards were compared by bracketing (125, 194, 203).

The choice of a bioassay system is determined by the substance to be assayed and the amount present. Since there are quantitative and qualitative differences among prostaglandins on various organs and systems (sections III and VI A), an

organ sensitive to the prostaglandin present must be used. Among sensitive tissues, there is no evidence for superiority of one tissue over another for assay of pure prostaglandins. Ambache and co-workers (7-9) stated that the ascending colon of the gerbil (jird) was the most sensitive preparation, yielded a steep dose-response curve, was insensitive to histamine, was free of rhythmic activity, and relaxed quickly between doses. For extremely small quantities, the 0.05 ml microbath of Gaddum and Szerb (165) has been used with goldfish intestine (265). However, for vasodepressor prostaglandins that do not affect these systems (*e.g.*, PGAs), a vascular system is indicated. Weanling and adult rats are equally sensitive to the hypotensive effect of PGE₁. Mice offer no advantage, requiring a 10-fold greater dose for equivalent effect (337). Vasodilator prostaglandin activity has been assayed by intra-arterial injection into a cat hind-limb perfused at a constant rate (344): as little as 10 ng of PGE₁ lowered perfusion pressure about 15 mm Hg. Rabbit intestine is preferable for mixtures of PGE and PGF, since it is sensitive to both (13, 51, 194, 195). For impure extracts, interference with other materials that affect smooth muscle becomes a problem. The effects of muscarinic substances, histamine, and serotonin may be blocked without interfering with the action of prostaglandin by adding atropine, an antihistaminic compound, or bromolysergic acid diethylamide, respectively, to the bath (7, 124, 125, 144, 265). Polypeptides may be destroyed by incubation with chymotrypsin (124, 265). Hydroperoxides derived by auto-oxidation from polyunsaturated fatty acids may be inactivated by triphenylphosphine or ascorbic acid without affecting prostaglandin activity (128, 188). Instead of antagonizing the interfering substances, one can use muscles insensitive to possible contaminants. Thus, rat and hamster colon are insensitive to histamine and hydroperoxides, and rat colon is either insensitive to or relaxed by bradykinin (7). However, it would seem preferable first to use extraction methods to eliminate interfering substances, second, to separate prostaglandins by thin layer chromatography using parallel reference spots of known prostaglandins, and finally to assay the extracts in small muscle baths (127). Parallel assays of unknown prostaglandins for their equivalent activity in terms of PGE₁ and PGF_{1 α} , with tissue having marked quantitative differences in sensitivity to E and F prostaglandins, has provided presumptive evidence of the type of prostaglandins (*e.g.*, 30, 123, 200, 210, 265).

The blood-bathed organ technique (324) has been adapted to assay prostaglandins in circulating blood (163). A combination of rat stomach strips, rat colon, and chicken rectum was used. All these preparations contract in the presence of 1 to 10 ng of prostaglandins per ml (E₁, E₂ and F_{2 α}). No other substance, in concentrations likely to be found in blood, contracts all three muscles. By infusing known amounts of prostaglandins into the perfusing blood, a rough quantitative estimate of the prostaglandin concentration may be obtained. This method was applied to the assay of PGE₂ in dog splenic venous blood and to studies on the disappearance of prostaglandins from the circulation (sections I C and V A).

The relative potency of prostaglandins in various assay preparations has been assembled in table 1. It must be emphasized that many of these comparisons were based upon only a few trials and the relationships were interpreted only as ap-

proximations. This table can serve as a guide to further details of prostaglandin actions on specific preparations.

B. Modification of prostaglandin actions on smooth muscles

In most instances prostaglandins cause contraction of smooth muscle, but there are some exceptions for specific tissues and prostaglandins. Responses may be modified by ionic composition of the medium, hormones, blocking agents, and interactions with other agonists. Full interpretation of these actions involves many aspects of the physiology and pharmacology of smooth muscle, a field too broad for this review.

Ionic composition of the medium. On the whole, the influence of changes in the concentration of Ca^{++} , Mg^{++} and K^+ on the contractile responses to PGE_1 is like that of most other agonists (121, 125, 177, 234, 236, 254, 294, 343). The response is calcium-dependent and is still present in muscles depolarized by high potassium. Isolated human myometrial stripes are generally relaxed by PGEs but always stimulated by PGFs (section IV B). In this muscle, both low Ca^{++} and low K^+ increased the inhibitory effect of PGE_1 (88). In contrast to PGE_1 in other muscle preparations, $\text{PGF}_{1\alpha}$ contractions were not affected by low Ca^{++} (88). No other studies of the effect of ions on PGFs have been reported. This lack of calcium dependence merits confirmation and further study.

Interactions with blocking agents and other agonists. The contractile or relaxing response to PGE_1 in various smooth muscles is not blocked by atropine or other antimuscarinic agent (51, 125, 153, 156, 254, 311, 333), antihistaminic compounds (144, 265, 269, 311, 322), antagonists to serotonin (125, 311), α -adrenergic blocking agents (145, 146, 254), or β -adrenergic blocking agents (145, 146, 311). Propranolol did prevent miosis induced by PGE_1 in rabbits (334). PGE_1 (20 $\mu\text{g}/\text{kg}$ intra-arterially) did not reduce the response to preganglionic stimulation of the cat nictitating membrane, a result that implies a lack of effect on ganglionic transmission (190). The contractile response to $\text{PGF}_{2\alpha}$ was unaffected by atropine or lysergic acid diethylamide (13).

Superfusion of the isolated rat stomach fundus with procaine reduces by $\frac{1}{8}$ to $\frac{1}{10}$ the concentration of PGE_1 needed for a contraction. Bretylium, dichloroisoproterenol, Dibenamine, and hexamethonium also increase the sensitivity of the muscle to PGE_1 (125). These results suggest that blockade of intrinsic nerves, especially sympathetic fibers, contributed to the increased sensitivity. The observation that the paradoxical relaxation of rat duodenum by PGE_1 is secondary to catecholamine release is in line with this explanation (214). However, more may be involved than inhibition of catecholamines, since procaine superfusion of stomach muscle from reserpinized rats also increases sensitivity to PGE_1 . Furthermore, even though such reserpinized muscles require higher concentrations of PGE_1 to elicit contractions, bretylium superfusion causes such a marked increase in sensitivity to PGE_1 that 0.01 ng/ml can cause contraction, compared to 0.2 to 0.5 ng/ml required for untreated muscles (125).

Epinephrine and norepinephrine do not affect the isolated rat stomach fundus, but, depending upon their concentration, increase the amount of PGE_1 needed

PROSTAGLANDINS

<i>Colon/rectal caecum (contraction)</i>																	208 194 265 195 265 13 ^a 51
Guinea pig	5		0.19 (±0.14)	0.01	0.05												
Hamster	2.75 (±1.5) 0.02			0.26 (±0.16)	0.2 3.5 (R 1-8) 0.2 R 0.7-6.0												
Gerbil	0.02			0.2													
Chicken				R 0.7-3.0													
<i>Stomach (contraction)</i>																	
Rat	3.3 (±0.5)			0.9 0.028 (±0.004)	0.19 (±0.03)												343 123
<i>Uterus (rat contraction, human relaxation)</i>																	
Rat (anestrus)	0.25			0.25	0.25 5 R 2-10												265 316 13 ^a 3
Rat (estrogen-treated)	1.09 (±0.37)		0.31 (±0.08)	R 0.9-1.55 0.94 (±0.75)	8 (R 5-15) 50												194 195 13 ^a 51
Rat (pregnant)	R 0.7-0.9		R 0.65-0.85	2													89, 92
Man	0.83		0.67	> 0.2	> 0.2												91
<i>Fallopian tube (relaxation)</i>																	
Rabbit	0.93 (±0.08)		0.43 (±0.16)														
Trachea (relaxation)																	
Cat																	
<i>Iris (contraction)</i>																	
Cow	1.0		0.2	0.002	0.03 (R 0.0025-0.06)												194 195 231 51

TABLE 1—Continued

Species	Prostaglandin							References
	E ₁	E ₂	F _{1a}	F _{1b}	A ₁	A ₂		
Intravenous injection (sedation)								
Chick	0.67	0.25						192
Antihypertensive (epinephrine stimulated)								
Rat epididymal fat	2.9 (CI 1.7-5.2)							338
Blood platelets (inhibition of aggregation)								
Rabbit	0.005				0.0006		<0.0005	338
Blood flow (increase)								
Cat (muscle)	0.76 (±0.31)	0.53 (±0.46)	0.22					194
Cat (skin)	0.91	0.23	0.22					196
Blood pressure (fall)								194
Rabbit	1.0 (±0.0) R 0.45-0.6	0.32 (±0.08) R 0.25-0.4	0.075 (±0.04)					194
Rat	0.13 (CI 0.04-0.27)		<0.05					52
Dog	0.71 (CI 0.46-1.13)							196
								51
								338
								338

* Values in some cases recalculated in terms of PGE₁ taken as unity. The symbols are: ±, standard error; R, range of values; and CI, the 95% confidence interval evaluated from parallel line assay.

† Values in terms of PGE₁ calculated from PGF_{2a}/PGF_{1a} values and PGF_{1a} activity in Bergström *et al.* (51).

‡ Tested as medullin.

§ Value calculated as footnote 2 above from Horton and Main (194).

for a given contraction from 2- to 37-fold (125). If one assumes that the catecholamines showed no smooth-muscle relaxing action because the isolated stomach muscle is without intrinsic tone, the explanation need not be blockade of prostaglandin, but merely simple antagonism of a contracting and relaxing agent.

Both E and F prostaglandins, applied to a variety of smooth muscles in sub-threshold amounts, also diminish the effects of catecholamines (epinephrine, norepinephrine, phenylephrine, isoproterenol) (119, 120). For example, norepinephrine blocks the contraction of isolated guinea pig uterus induced by vasopressin. In this tissue, $\text{PGF}_{2\alpha}$ causes contraction at 10 ng/ml, but 0.001 ng/ml diminishes the norepinephrine's inhibition of vasopressin's effect. Diminution of the catecholamine effect was independent of the direction of the prostaglandin or catecholamine activity. Thus, norepinephrine action on guinea pig uterus (relaxation) or on rat seminal vesicle (contraction) were both decreased by $\text{PGF}_{2\alpha}$. In some tissues, the antagonism was not evident until repeated challenging doses of catecholamine were given for 90 minutes or more. Where catecholamine caused contraction, the first responses were often potentiated (see discussion following). This early potentiation was especially prominent in the guinea pig seminal vesicle and can account for the apparently contradictory report by Eliasson and Risely (149, 150) that PGE_1 potentiated catecholamines in that tissue.

Intriguing as these observations are, a few words of caution are in order. Evaluation of potentiation or inhibition by changes in threshold or comparison of responses before and after an experimental procedure may lead to serious errors in interpretation. The best method requires assessment of horizontal shifts of dose-response curves. These problems have been concisely reviewed in relation to sympathomimetic amines by Trendelenburg (320) and the principles apply generally. Furthermore, in some of the studies described above (119, 120), only illustrative cases were presented without statistical evaluation. Finally, before this antagonism can be fully accepted, control experiments are needed to show that the responses to catecholamines remain constant during the test period. This point is especially important since in some cases the inhibition did not appear until after repeated challenges with catecholamine.

Potentiation. In addition to causing contraction of smooth muscles, PGE_1 and PGE_2 can induce a persistent nonspecific increase in sensitivity to other agonists (121, 177, 263). Thus, in isolated guinea pig uterus, when the dose-response relation was determined for vasopressin and PGE_1 was then added and washed out, as little as $\frac{1}{8}$ to $\frac{1}{10}$ as much vasopressin is subsequently required for the same effect. Contractions do not return to control levels for an average of 45 minutes. In the guinea pig uterus, vasopressin was most carefully studied; but responses to oxytocin, histamine, electrical field stimulation, and even $\text{PGF}_{2\alpha}$ are enhanced. This action was apparently limited to PGE_1 and PGE_2 , not being seen after $\text{PGF}_{1\alpha}$, and $\text{PGF}_{2\alpha}$, ricinoleic acid, sodium phosphatidate, hydroperoxide-containing linolenic acid, or oxytocin (121, 316). The degree of potentiation was roughly parallel to the PGE_1 concentration in the range of 0.0075 to 1.2 ng/ml; higher concentrations gave no greater potentiation. Although high Mg^{++} or low Ca^{++} decrease contractile responses to PGE_1 , they did not affect potentiation of vaso-

pressin or electrically induced contractions by PGE₁ (121, 177). In guinea pig uteri depolarized by high K⁺, potentiation of contractions produced by electrical field stimulation was not seen, although potentiation of vasopressin's effect did occur as long as Ca⁺⁺ was low (persistent contracture precluded testing vasopressin in K⁺-depolarized preparations with normal Ca⁺⁺) (121).

Similar potentiation has been reported in other tissues. PGE₁ (but not PGF_{1α}) enhances responses to epinephrine, norepinephrine, tyramine, acetylcholine, serotonin, and hypogastric nerve stimulation in rat and guinea pig seminal vesicles (149, 150, 234), and PGE₁ enhances the response to acetylcholine in the rat stomach fundus (125) and rat and guinea pig bladder (205). Subthreshold concentrations of PGE₁ also potentiate angiotensin and serotonin (but not norepinephrine) contractions in the rabbit aortic strip, and acetylcholine-induced contractions of the frog rectus abdominus muscle preparation, and they both decreased the threshold voltage and increased the magnitude of the contraction in electrically stimulated cat carotid arteries (214). Bradykinin, normally inactive on the rabbit aortic strip, caused it to contract after subthreshold concentrations of PGE₁ (214). On the other hand, potentiation was not observed after PGE₁ in electrically stimulated rat uterus (316) or in rat or cat seminal vesicle (234). In the rabbit seminal vesicle, PGE₁ reduced the responses to hypogastric nerve stimulation (234).

PGE₁ (0.33 ng/ml) has only a slight positive inotropic effect on isolated, electrically driven rabbit auricles. A subthreshold concentration of ouabain became equivalent to a therapeutic concentration in the presence of the PGE₁, and a therapeutic concentration became toxic. Tissue electrolyte studies showed that both PGE₁ and ouabain causes loss of intracellular K⁺ but that PGE₁, unlike ouabain, also inhibits Na⁺ uptake, resulting in a net decrease in intracellular cation concentration (321). These studies do not explain the mechanism of the potentiation, but do indicate that PGE₁ may affect transport systems for other ions than Ca⁺⁺.

Over 30 years ago, in his original study on prostaglandin, Goldblatt observed that a threshold dose of epinephrine on the isolated guinea pig seminal vesicle would potentiate the effect of prostaglandin added some time later (167). This reverse situation, potentiation of prostaglandin by other agonists, has not been studied further.

C. Mechanism of action

The contractile action of PGE₁ seems coupled with oxidative metabolism. In the rat uterus, aeration with nitrogen reduces the response to PGE₁ without affecting the contraction induced by acetylcholine (254). In the rat stomach fundus, nitrogen aeration, cyanide, and carbon monoxide aeration (all of which should block oxidative metabolism) also inhibit PGE₁ and not acetylcholine responses (125). Conversely, ascorbic acid and reduced (but not oxidized) glutathione increase the response to PGE₁. Furthermore, PGE₁ seems to be bound to the muscle in an inactive form under anoxic conditions. Application of PGE₁ during nitrogen aeration causes a very small contraction, which is not concentra-

tion-related. Washing with oxygenated solution results in a typical concentration-related contraction. However, when the muscle is washed with nitrogen aerated solution after adding PGE₁, contraction still occurs on subsequent oxygenation. Similarly, when PGE₁ is added in the presence of azide or cyanide, contraction follows washing out of the inhibitor.

A unifying mechanism of action which accounts not only for qualitative difference in tissue responses but also for the potentiation of other agonists has not yet been proposed. Action in the presence of a wide variety of pharmacological blocking agents and in depolarized muscles implies a non-neural action and the interaction of prostaglandin with a specific discrete receptor in the cell membrane (254). In support of this concept are the observations that botulinum toxin, which inactivates neural mechanisms (10), did not affect PGE activity in guinea pig taeni coli (236) and that PGE did not affect the glycerinated intestinal smooth muscle-ATP system or its relaxing factor (294). The relationships of PGE₁ to Ca⁺⁺ in the membrane and medium has been discussed at length by Paton and Daniel (254). Vogt (329) suggested that the hydroxy fatty acids that cause smooth muscle contraction might provide chelating sites and carry Ca⁺⁺ through cell membranes. Courtald molecular models showed this to be feasible for PGE and PGF_α (263).

Membrane depolarization and release of bound calcium seems reasonable to explain stimulation (125, 254, 311). Clegg *et al.* (121) suggested that direct effects of the prostaglandins involved the cell membrane, while potentiation was intracellular by facilitation of excitation-contraction coupling. Some evidence in favor of these hypotheses is the increased rate of exchange of ⁴⁵Ca⁺⁺ in isolated hearts stimulated by PGE₁ (22, 216). Strong and Bohr (311) have proposed that very low PGE₁ and PGA₁ concentrations (1-100 ng/ml) may render intracellular ionic Ca⁺⁺ inactive and thereby bring about relaxation of vascular smooth muscle through decrease in activity of the actomyosin ATPase system. Potentiation of other agonists is explained by hypopolarization of the cell membrane, possibly by decreasing Ca⁺⁺ at sites which normally fix Ca⁺⁺ (214, 311). The observation that prostaglandins lower the threshold and increase the response to electrical stimulation supports this concept (121, 214). Khairallah *et al.* (214) have discussed discrepancies between this hypothesis and that of Clegg *et al.* (121).

Most mechanism studies have used PGE₁. Although the actions of PGE₁ and PGF_{1α} are qualitatively similar on many smooth muscles (except with respect to potentiation), different receptors may be involved. Thus, after tachyphylaxis was induced in isolated rat uterus to either PGE₁ or PGF_{1α} there was still a normal response to the other prostaglandin (3).

III. SMOOTH MUSCLE ORGANS

The discussion in the preceding section was primarily concerned with general actions of the prostaglandins. Here, prostaglandin actions on specific organs, both *in vivo* and *in vitro*, will be considered.

Uterus and fallopian tube. See section IV B.

Stomach. Prostaglandins E₁, E₂ and A₁ are powerful inhibitors of gastric secre-

tion in dogs (273). Prostaglandins were given by intravenous infusion to trained unanesthetized dogs with either innervated (Pavlov) or denervated (Heidenhain) pouches after stimulation of secretion by either food or infusion of histamine. Almost total inhibition of secretion, judged by volume, acid, or pepsin, is obtained after infusion of 1 $\mu\text{g}/\text{kg}/\text{min}$ of PGE_1 or PGE_2 for 30 to 45 minutes. The ED50 (the dose inhibiting gastric secretion by 50%) is about 0.5 $\mu\text{g}/\text{kg}/\text{min}$. PGA_1 does not affect histamine-induced secretion, but strongly inhibits food-induced secretion (ED50 0.08–0.1 $\mu\text{g}/\text{kg}/\text{min}$). On cessation of prostaglandin infusions, gastric secretion resumes gradually. $\text{PGF}_{2\alpha}$ (tested only against histamine-induced secretion) was inactive at 1 $\mu\text{g}/\text{kg}/\text{min}$. The demonstration of prostaglandin liberation by rat stomach (section V A) suggests that prostaglandins may have a role in the control of gastric secretion (30, 123).

Intestine and colon. There are few studies of prostaglandin action on intestinal function as such. These tissues have been used for bioassay and for studies on factors influencing prostaglandin on smooth muscle. *In vitro*, certain intestinal and colon preparations contract in concentrations of 1 ng/ml or less, but much variation has been reported. PGFs are generally more potent than their corresponding PGEs on rabbit intestine, but they are manyfold less potent on guinea pig ileum and colon (51, 194, 195, 210). PGE_1 (5 ng/ml) relaxes rat duodenum (214). This relaxation becomes contraction either in the presence of combined α - and β -adrenergic blockade (phentolamine plus propranolol) or in muscles from reserpinized rats. Such contraction can in turn be blocked by bromolysergic acid. Presumably, PGE_1 liberates both catecholamines and serotonin from the rat duodenum. Biogenic amine liberation should be considered in the action of prostaglandins on intestinal muscle from other species. *In vivo*, an intestinal stimulant action of crude prostaglandin was observed through a window in a rabbit abdomen (159), and inferred from semifluid feces after subcutaneous injection in mice (156) and from abdominal cramping in man during intravenous infusion of PGE_1 (103, 106). The PGAs, while lowering the blood pressure, are virtually devoid of intestinal stimulant activity (129, 228, 264, 338). With the demonstration of PGE_1 in darmstoff (318) and in plexus-containing longitudinal muscle of rabbit and guinea pig ileum (8, 9), attention should be given to possible function of related lipids in intestinal physiology (see review, ref. 27).

Ureter. Ureteral muscle resembles that of the fallopian tube in its response to prostaglandins. Ureteral motility was recorded in trained unanesthetized dogs with exteriorized bladders. In these animals, intravenous PGE_1 decreases or stops ureteral peristalsis (81) while $\text{PGF}_{2\alpha}$ increases it (226). The effects of higher doses lasted up to 30 minutes, much longer than the cardiovascular effects. *In vitro*, PGE_1 inhibits and $\text{PGF}_{1\alpha}$ stimulates dog, monkey, and baboon ureters (81, 311, 317).

Lung and trachea. The effect of prostaglandins has been studied on tracheal chains and on the resistance to inflation of the lungs by the method of Konzett and Rössler (219). PGE_1 , PGE_2 , PGE_3 , $\text{PGF}_{1\alpha}$ and $\text{PGF}_{2\alpha}$ all relax tracheal muscle, the PGFs being much less potent than the corresponding PGEs (195, 214, 231). Main (231) studied PGE_1 on the tracheal muscle of 7 species. Threshold

activities range from 1 ng/ml in the cat to 3 μ g/ml in the sheep, with the guinea pig, ferret, monkey, rabbit and pig intermediate. In the Konzett and Rössler preparation, PGE₁ alone did not affect resistance to inflation in the guinea pig (191) but antagonized the increase in resistance induced by vagal stimulation in the rabbit and guinea pig (231). In cats both PGE₁ and PGF_{2 α} increase the resistance of the lungs (13, 231). PGF_{2 α} also increases the resistance in the guinea pig, an action not blocked by calcium acetylsalicylate given in a dose that blocks the actions of bradykinin and SRS-A (slow reacting substance liberated in anaphylaxis) (64).

Eye. Stimulation of the trigeminal nerve in rabbits leads to a long-lasting, atropine-resistant miosis. This was observed long ago by both Magendie and Bernard, then subsequently by many authors (6, 332). Ambache (5, 6) characterized a lipid extract of rabbit iris, which he named irin, as an unsaturated hydroxy fatty acid and reported chemical and biological characteristics of this extract which were compatible with those of prostaglandins. Later, PGF_{2 α} was identified in sheep iris (15), and mixed prostaglandins in rabbit iris (332, 335). Arachidonic acid and enzymes for biosynthesis of prostaglandin are present in pig iris (137). Injection of PGE₁ into the anterior chamber of rabbit eyes (threshold dose 10 ng) causes a persistent miosis and a rise in intraocular pressure. PGE₂ is equally effective but PGF_{1 α} relatively inactive (333). Intravenous PGE₁, in depressor doses, also elevates intraocular pressure, whereas a lowering of intraocular pressure is usually associated with vasodilation. Miosis without change in intraocular pressure is seen after intraocular PGE₁ in cats and monkeys (333, 334). The mechanism of the increased pressure in rabbits is unknown, but it is apparently not due to interference with aqueous drainage. PGE₁ reverses atropine mydriasis in cats (333); but, in rabbits, propranolol blocked the miosis produced by prostaglandin (334). However, neither phenoxybenzamine nor propranolol affected the rise in intraocular pressure in rabbits. These studies implied that the effects on intraocular pressure and miosis involved different mechanisms.

Vascular muscle. Prostaglandins E₁, E₂, A₁ and F_{1 α} were studied in isolated vascular strips (311). Smooth muscle from dog peripheral resistance vessels (0.2–1 mm o.d.) shows a biphasic dose-response curve, relaxation in concentrations from 1 to 100 ng/ml, then contraction up to 10 μ g/ml. PGE₁ is the most potent relaxant, followed in order by PGE₂, PGE₁ and PGF_{1 α} . Since the high concentrations would not ordinarily be achieved *in vivo*, these results are related to the peripheral vasodilating action of prostaglandins, even to the point of relative potency (see table 1). Rabbit aortic and dog coronary arterial strips show only contractile responses to these prostaglandins, even at threshold concentrations of 0.1 ng/ml (214, 311).

Isolated superior mesenteric veins have spontaneous rhythmic activity. PGE₁ enhances contractions in rabbit and rat veins but PGF_{1 α} is inactive. Conversely, in dog veins PGE₁ depresses and PGF_{1 α} enhances the activity (206, 311).

Bladder. PGE₁ increased the tone and motility of the rat and guinea pig bladder *in vivo*, and increased the response to hypogastric nerve stimulation. However,

it did not cause responses of the bladder *in vitro*, but nevertheless potentiated the action of acetylcholine (see section II B) (205).

IV. REPRODUCTIVE SYSTEM

Prostaglandins occur not only in human semen but also in association with female reproductive organs from menstruation through pregnancy. Natural occurrence of prostaglandins in a tissue does not necessarily mean that the compounds must serve a physiological function. Several physiological functions have been proposed, and they may be considered attractive hypotheses, which remain to be proved.

A. Seminal prostaglandins

Human seminal plasma contains the highest concentration of prostaglandins found so far: an average of about 50 $\mu\text{g/ml}$ of PGE compounds, 8 $\mu\text{g/ml}$ of PGF compounds, 50 $\mu\text{g/ml}$ of PGA and PGB compounds combined, and 200 $\mu\text{g/ml}$ of 19-hydroxy prostaglandins (89, 93, 98, 180). Ram seminal plasma differs in that it contains neither the dehydrated PGA and PGB prostaglandins nor their 19-hydroxylated derivatives (94, 181). Monkey (35), goat (144), and rabbit (203) semen also contain appreciable amounts of prostaglandins. No prostaglandin was detected in stallion, bull, or boar semen or male accessory glands of the bull, boar, dog, cat, rabbit, guinea pig, hamster, rat, mouse, ferret, or elk (144, 153, 160, 203).

Seminal prostaglandin levels have been studied in relation to suspected infertility (23, 98, 186). The levels bear no relation to sperm count, motility, or morphology. One study (98) reported that two (out of a total of 10) subfertile patients had abnormally low seminal prostaglandins. A larger series of both subfertile and normal subjects must be studied before any conclusions may be drawn.

Vaginal absorption of seminal prostaglandin was shown by depositing seminal plasma containing a tracer amount of $^3\text{H-PGE}_1$. After 24 hours, 10 to 20% of the radioactivity was recovered in the urine (293). Whether such absorption plays a significant role under physiological conditions in relation to coitus and fertilization is not yet clear.

B. Action on uterus and tubes

In vitro. The action of the various prostaglandins on the uterus and tubes both *in vitro* and *in vivo* has been studied extensively. Isolated uteri of rats and guinea pigs are caused to contract by both E and F_α prostaglandins (13, 51, 144, 194, 195, 265, 316). In the guinea pig uterus, as in the intestine, smaller doses of PGE are required than of the corresponding PGF $_\alpha$ (51, 316), but their relative potencies in the rat are not clear (51, 265, 316). In most cases human semen inhibits the motility of isolated human myometrium (126, 143, 225).

The three PGE compounds all decrease the tonus, frequency, and amplitude of the spontaneous contractions of human uterine strips (88, 90, 261, 289, 291). The related PGA, PGB, and 19-hydroxylated compounds present in human seminal plasma have similar effects but require higher concentrations. In mix-

tures the effect of the compounds are additive, and both the dehydrated and 19-hydroxylated prostaglandins make an appreciable contribution to the total effect of the human seminal plasma (92). $\text{PGF}_{1\alpha}$ and $\text{PGF}_{2\alpha}$ differ from the PGEs in that they both always cause a contraction of the myometrium (88, 261, 292).

The hormonal state clearly influences the sensitivity of isolated human myometrial strips. They are 3 to 5 times more sensitive to the relaxant action of PGE_1 at about ovulation time (88, 90, 289). Conversely, just before menstruation such strips have been reported to be more sensitive to the "menstrual stimulant" $\text{PGF}_{2\alpha}$ (142, 256, 262), and they are also more sensitive to PGF compounds during pregnancy (88, 93).

Progesterone added *in vitro* depresses the sensitivity of both guinea pig and rat uterus to PGE_1 and $\text{PGF}_{2\alpha}$ (316). Treatment of the animal with estrogen or combined estrogen and progesterone has been reported to have little effect (144, 316) or to increase (13) or decrease (72, 263, 265) the sensitivity of the isolated uterus.

When the human fallopian tube is divided into four parts of about equal length, and each mounted in an isolated smooth muscle bath, PGE_1 as well as PGE_2 induces contraction in the segment nearest the uterus and relaxation in the other three (288-291). There is no apparent change in sensitivity with the menstrual cycle (290). $\text{PGF}_{1\alpha}$ and $\text{PGF}_{2\alpha}$ caused contraction of all segments of the fallopian tube (292). The motility of the fallopian tube of the rabbit was reduced by PGE_1 *in vitro* and inconsistent results were obtained in sheep oviducts (202).

In vivo. Cat and rat uteri do not react to vasodepressor doses of PGE_1 (66, 144). Guinea pig uterus contracts after 1 $\mu\text{g}/\text{kg}$ injected intravenously (66). Various results have been reported for rabbit uterus (24, 66, 144, 202).

Either stimulation or stimulation followed by inhibition of the nonpregnant human uterus is obtained after depositing semen or human seminal fluid extract (HSF-PG) in the vagina (147, 212). Release of posterior pituitary hormones during coitus has been reported (for references, see 147). The uterine response to HSF-PG during intravenous infusion of posterior pituitary hormones was consistently inhibition. It was proposed that such inhibition would facilitate sperm transport (147). With the Rubin technique, tubal resistance increases markedly in some patients after vaginal application of HSF-PG (148). It was also proposed that seminal prostaglandins might function to retain the ovum in the fallopian tube to allow fertilization (290). Motility of rabbit fallopian tubes is reduced by all PGEs *in vivo* (194), and intravenous PGE_1 causes relaxation of the isthmus circular muscles and thereby reduces the opening pressure (24, 82). $\text{PGF}_{2\alpha}$ s stimulate the rabbit fallopian tube *in vivo* (194, 195). In sheep, crude prostaglandin (intravenous or intra-aortic) stimulates the oviduct of some animals but relaxes others (202). The doses needed are considerably in excess of the prostaglandin content of one ram ejaculate and no correlation with the hormonal status of the animal was observed. These results were taken to weigh against a physiological role of seminal prostaglandins on the fallopian tube of sheep.

Recent studies on the effect of various pure prostaglandins on the pregnant human uterus, by the technique of Caldeyro-Barcia and co-workers (99, 100) have yielded interesting results. The studies were made on midpregnant volun-

teers (14 to 22 weeks) admitted to the hospital for therapeutic abortion, and on pregnant patients at or near term (34 to 40 weeks). PGE₁ and PGE₂ infused intravenously increased the uterine motility. The effect was similar to that obtained *in vitro* with a low dose of PGE₁: an increase of tonus followed by increased irregular contractile activity. In some cases a more regular activity was induced. The threshold dose was 0.6 to 4 μg/min for both midpregnancy and term patients. The lower dose corresponded to about 10 ng/kg/min. In no cases was an inhibition of the motility found. Similar but less pronounced effects were obtained with PGF_{2α}. No effect on the motility was recorded after intravenous infusion of PGF_{1α}, PGF_{1β} and PGA₁ although much larger doses than of PGE₁ were given (95, 96). Of special interest is that the doses that had a clear effect on uterine motility were below the doses that cause a demonstrable fall in blood pressure.

In another study (342), single intravenous or intramuscular injection of 100 μg of PGE₁ or 500 μg of PGF_{2α} considerably increased the tonus of the uterus in midpregnant patients. The effect was like that of 0.2 mg of ergot alkaloids (Methergine) given by intravenous injection. This result indicates the possibility of using the prostaglandins in medical practice for preventing atonic uterine bleeding after abortion or delivery.

C. Menstrual prostaglandins

Clitheroe and Pickles (122) separated from menstrual blood two components that stimulate smooth muscle. Component A was primarily PGF_{2α} with a lesser amount of PGE₂ (142). The menstrual prostaglandins are probably formed in the endometrium during menstruation, since the amount of prostaglandins discharged considerably exceeded the amount estimated to be present in the endometrium (142), and since synthesis of prostaglandins *in vitro* by endometrial curettings has been demonstrated (133). In a study on one subject during puberty, her prostaglandin loss in anovular cycles was about 1/5 that in ovular cycles (258, 259). This suggests that menstrual prostaglandin formation may be under hormonal control.

Pickles suggested that dysmenorrhea might be associated with either overproduction or an impediment to outflow of menstrual lipids (26, 257). In support of this view it may be noted that PGF_{2α} (0.5 μg) instilled into the uterus after dilatation and curettage stimulated contractile activity (151). On the other hand, one study on menstrual blood and endometrial curettings from dysmenorrhoeic patients showed such great individual variations that no conclusions could be drawn (262).

D. Amniotic fluid prostaglandins

A wide variety of smooth muscle stimulants has been reported present in amniotic fluid (see review 227), including some lipids from a neutral ether extract which probably are not prostaglandins (1). Karim (208, 210) and Karim and Devlin (211) identified prostaglandins E₁, E₂, F_{1α} and F_{2α} in human amniotic fluid and umbilical cord vessels, but not in placental tissue. Before term, half of the patients studied had no detectable prostaglandins in their amniotic fluid and the others had only a trace of PGE₁ (average about 1 ng/ml). At term, PGF_{2α}

became the predominating prostaglandin (average 22 ng/ml) in all patients, with lesser amounts of both $\text{PGF}_{1\alpha}$ and PGF_2 . In contrast, term patients not in labor had no detectable F_α prostaglandins. In one patient, who had a spontaneous abortion at 16 weeks, the amniotic fluid was similar with respect to prostaglandins to that during labor at term. These prostaglandins were thought to originate in the decidua, since the prostaglandin concentrations there were 10 to 30 times greater than in the amniotic fluid and since human decidua *in vitro* are able to synthesize prostaglandin (246). As with the amniotic fluid, decidua early in gestation contained only a relatively small amount of PGE_1 , while at term in labor there were large amounts of $\text{PGF}_{1\alpha}$ and $\text{PGF}_{2\alpha}$ (600 and 800 ng/g respectively). The uterine secretory endometrium, which forms the menstrual prostaglandins, gives rise to the decidua. These factual observations do not indicate whether amniotic prostaglandins initiate labor or *vice-versa*. Karim (209) proposed that they might constrict umbilical vessels at birth.

V. NERVOUS SYSTEM

A. Prostaglandin release on nerve stimulation

Prostaglandins and prostaglandin-like substances occur in the brain (6, 124, 198, 200, 280) and in superfusates of cat cerebral and cerebellar cortex (124, 265). Spontaneous release from the cat cerebral cortex was 0.05 to 0.5 ng of PGE_1 equivalent/ cm^2/min (266). The amount released from the somatosensory cortex can be greatly increased by direct electrical stimulation and is simultaneously evoked from the contralateral cortex. Section of the corpus callosum limits release to the stimulated side only. Furthermore, stimulation of the radial nerve evokes release only from the contralateral cortex. The fact that this release is frequency-dependent, being maximal at 0.25 to 1/sec and minimal at 30 to 100/sec, suggests the involvement of a synaptic pathway. The central stimulants picrotoxin, pentylenetetrazol (leptazol), and strychnine also evoke cerebral release of prostaglandins. From the behavior of the superfusates in bioassay and thin layer chromatography, it was concluded that the major component of the spontaneously released material was $\text{PGF}_{2\alpha}$, while the evoked material was a mixture of PGE and PGF_α (265). Spontaneously released prostaglandin from the cat cerebellum also shows PGF_α activity (124). On subfractionation of rat cerebral cortex homogenates, most of the E prostaglandins is in the nerve ending fractions while F prostaglandins are more evenly distributed. Only the lighter microsomes can synthesize prostaglandins (213).

The perfused spinal cord of the frog liberates at least 6 smooth-muscle stimulants, among them substances tentatively identified as PGE_1 and $\text{PGF}_{1\alpha}$ (269). PGE_1 is released spontaneously, while $\text{PGF}_{1\alpha}$ release is evoked by stimulation of the hind limbs, and by serotonin, dopa, or tranlycypamine but not by epinephrine. After treatment of frogs with tranlycypamine, both spontaneous and evoked release are abolished, a result that suggests that prostaglandin stores might have been depleted.

Prostaglandin release has been associated with events related to nerve activity in several unrelated peripheral tissues. In the cat adrenal, perfused *in situ* with

Locke's solution, $\text{PGF}_{1\alpha}$ release is evoked by acetylcholine (268). In perfused rat adrenals, both ACTH and acetylcholine evoke release of prostaglandin-like material (297). Acetylcholine-evoked release in cat adrenals does not occur in the absence of calcium (297). Prostaglandin release is independent of catecholamine release in that both nicotine and the re-introduction of calcium after calcium-free perfusion stimulate only catecholamine release (297). Perfusion of epinephrine or norepinephrine does not evoke prostaglandin release from the cat adrenal (268), nor does intra-arterial injection of PGE_1 stimulate catecholamine release (191). The prostaglandin released from the cat adrenal was probably synthesized or liberated from a bound form, since the prostaglandin content of the gland is only about $\frac{1}{10}$ the amount recovered in the venous effluent and the content of glands stimulated by acetylcholine is about the same as that of unstimulated glands (268). Furthermore, both acetylcholine and ACTH can induce prostaglandin formation in rat adrenal homogenates (297).

In the isolated rat diaphragm-phrenic-nerve preparation, either nerve stimulation or addition of epinephrine or norepinephrine evoke a release prostaglandin-like material and free fatty acids. The major component seems to be PGE_1 . By inference, release is associated with activity at the nerve endings, rather than with the response of the diaphragm, since it is neither increased nor decreased by addition of physostigmine, acetylcholine, or tubocurarine (266, 270).

Prostaglandins are released from the isolated rat stomach after vagal or transmural stimulation. This observation was made independently by two laboratories. Bennett *et al.* (30) found little prostaglandin release from unstimulated stomach and mostly PGE_1 released on stimulation. Coceani *et al.* (123) found $\text{PGF}_{1\alpha}$ released most abundantly from unstimulated stomach and PGE_2 and $\text{PGF}_{2\alpha}$ released on stimulation. A strain difference in rats is the only apparent explanation for this discrepancy at present. Prostaglandin release was blocked by hyoscine (123) and reduced by hexamethonium or tetrodotoxin (30). The released prostaglandins probably came from muscle cells, since stomachs cold-stored for 3 days to allow degeneration of nerve fibers still release prostaglandin (123). A hypothesis was proposed that these prostaglandins originate by biosynthesis from arachidonic acid combined as phospholipid in the cell membranes. This phospholipid predominated in the stomach polyunsaturated lipids, but there was very little free arachidonic acid (123, 252).

Stimulation of the splenic nerve in the dog leads to the appearance of up to 200 ng/ml of PGE_2 in the venous effluent (30, 131). Intravenous or splenic arterial injection of epinephrine or norepinephrine also leads to prostaglandin release. Pretreatment with phentolamine or phenoxybenzamine abolishes both the splenic contraction and the prostaglandin output in response to either stimulation or catecholamine injection.

In isolated rat epididymal fat pads (see section VII), there is a small spontaneous release of prostaglandin-like material and this is elevated severalfold either by nerve stimulation or by addition of catecholamines. Release by nerve stimulation requires glucose in the medium, but release by catecholamines does not (266, 296). The amount of prostaglandin formed may have some physiological signifi-

cance, since as little as 1 ng/ml of PGE₁, which has no effect on spontaneous lipolysis, completely blocks the release of fatty acids during nerve stimulation (71). In this connection, one should note an intriguing preliminary report by Rosell (274) that α -adrenergic blockade potentiates the release of fatty acids *in vivo* during sympathetic nerve stimulation of dog adipose tissue. If one assumes that α -adrenergic blockade prevents evoked prostaglandin release in adipose tissue as in the spleen (30, 131), the increased release could be due to selective removal of an inhibition of fatty acid release by prostaglandins.

Beck *et al.* (see 29) have demonstrated the existence of a sustained dilatation in the hind limb of the dog after sympathetic nerve stimulation in the presence of certain adrenergic nerve-blocking agents (*e.g.*, xylocholine, reserpine, or guanethidine). This sustained dilatation is not mediated by acetylcholine, histamine, adenine nucleotides, or bradykinin and is mimicked by intra-arterial PGE₁. Attempts to identify prostaglandins in the effluent blood were unsuccessful. This sustained dilatation is reduced by intra-arterial infusion of graded doses of PGE₁ to a much greater degree than either the dilatation caused by intra-arterial acetylcholine or the transient, cholinergically mediated dilatation that precedes the sustained dilatation (28). These observations are consistent with the hypothesis that the sustained dilator mediator and PGE₁ occupy the same receptors.

The association of prostaglandin release with nerve activity under so many diverse conditions suggests that it may have some fundamental role in nerve or cell membrane physiology.

B. Actions on the central nervous system

In addition to being present in and released from the central nervous system, prostaglandins themselves have central actions, and there has been speculation about their physiological functions in the central nervous system (200, 201, 265, 295).

In unanesthetized cats, intraventricular injection of PGE₁ in doses ranging from 7 to 20 μ g/kg leads to a decrease in spontaneous activity, stupor, and catatonia, complete recovery requiring as long as 48 hours (192). When given intravenously, however, 20 μ g/kg of PGE₁ only slightly reduces spontaneous activity. In young chicks, before the development of the blood-brain barrier, intravenous PGE₁, PGE₂, and PGE₃ cause a profound decrease in spontaneous activity. Intraventricular injection of PGF_{2 α} in similar doses in cats has no observable effect, but in young chicks intravenous PGF_{2 α} causes an immediate tonic extension of the limbs.

By contrast, in spinal or decerebrate cats and chicks, intravenous injection of either PGE₁ or PGF_{2 α} leads to an increase in tension of the gastrocnemius muscle which is reversed by sciatic nerve section but not by dorsal root section (196, 199, 201). Doses of prostaglandins below those causing increased muscle tension enhance crossed extensor reflexes in spinal animals. There is no effect upon the patellar reflex. These results imply an action on the spinal cord. The action is presumably stimulation of excitatory pathways, rather than an inhibition of inhibitory pathways, since PGE₁ did not affect inhibition of the crossed extensor

reflex brought about by stretching of the ipsilateral hamstring muscle or by electrical stimulation of the peroneal nerve.

These experiments point to a primary effect on the spinal cord, but the presence of an intact brain prevents muscular effects in cats and allows $\text{PGF}_{2\alpha}$ effects to be manifest in chicks. In contrast to the negative results previously reported in anesthetized cats (221), Avanzino *et al.* (25) showed that prostaglandins may have specific actions on higher centers in unanesthetized, decerebrate cats. They applied PGE_1 , PGE_2 , or $\text{PGF}_{2\alpha}$ in the region of individual neurones in the brain stem and evaluated the rate of firing. About $\frac{1}{4}$ of the neurones tested were affected, and excitation predominated over inhibition. After repeated application, tachyphylaxis occurred in the case of the prostaglandins, but not in the case of acetylcholine or norepinephrine. There was no cross tachyphylaxis among the three prostaglandins, but their effects on the same neurone, if any, were always in the same direction. Acetylcholine also produced either excitation or inhibition, but the direction of its effect was not related to that of the prostaglandins.

VI. CARDIOVASCULAR SYSTEM

A. Acute cardiovascular actions

Blood pressure and cardiac output. PGE_1 uniformly lowers arterial pressure in the dog (42, 65, 114), cat (65, 190), rabbit (52, 194), guinea pig (65), rat (140, 190, 341), mouse (337), and chick (197, 199). For most species, the minimally effective single intravenous doses range between 1 and 10 $\mu\text{g}/\text{kg}$. The depressor action persists after atropine (51, 153), antihistaminic compounds (51), ganglion-blocking agents (103, 114, 140, 228), pretreatment with reserpine (103, 114, 140), and β -adrenergic blocking agents (65, 114, 245).

There appeared to be an antagonism between PGE_1 and catecholamines on blood pressure (42, 307) (*cf.* section II B), but since in dogs receiving continuous infusions of PGE_1 sufficient to lower blood pressure, infusions of norepinephrine or epinephrine were still pressor (114), the antagonism was probably merely summation of opposite effects rather than adrenergic blockade. This conclusion is supported by the fact that infusion of the ganglion stimulating agent dimethylphenylpiperazinium bromide (DMPP) or electric stimulation of the central ends of the cut vagus nerves raises the blood pressure, presumably by increasing sympathetic nerve discharge, in dogs receiving continuous infusion of PGE_1 (114). Furthermore, PGE_1 diminishes pressor responses not only of catecholamines but also of vasopressin and angiotensin (190, 341). In the dog, the heart rate increases with the depressor response, but this is most likely a compensatory reaction through the sympathetic nervous system to lowered blood pressure, since the increase is prevented by β -adrenergic blockade (114, 245).

PGE_1 increases the cardiac output in dogs, either anesthetized (228, 245) or unanesthetized with chronically implanted electromagnetic flowmeters (338), and in unanesthetized rats (341). Since blood pressure falls while cardiac output rises, the primary mechanism of the blood pressure fall is decreased peripheral resistance. In intact dogs, the increase in cardiac output after intravenous PGE_1 is associated with an increase of myocardial contractile force (245). Injection into

a coronary artery increases the contractile force without affecting blood pressure or heart rate. Coronary flow does increase, but an increase in flow alone does not affect the force of myocardial contraction (244).

PGE₂ and PGE₃ are like PGE₁ in their effect on blood pressure but less potent (42, 194). The relative depressor activity of PGE₁, PGE₂, PGA₁ and PGA₂ was determined in anesthetized, vagotomized rats treated with pentolinium, in similarly prepared dogs, and in unanesthetized dogs under basal conditions. These same prostaglandins were also compared for effect on calculated peripheral resistance of unanesthetized dogs with chronically implanted electromagnetic flow-probes (338). Depressor activity of PGAs was greater than that of the corresponding PGEs in dogs but not in rats. Relative activities are given in table 1. Likewise, intravenous infusion of PGA₁ in anesthetized dog produces a greater fall in blood pressure than the same dose of PGE₁ (45).

There were marked differences in sensitivity of individual dogs to prostaglandins. In dogs anesthetized with pentobarbital, the infusion rate of PGE₁ needed to obtain a moderate depressor effect ranged from 0.1 to 1.2 $\mu\text{g}/\text{kg}/\text{min}$ (114). Likewise, in unanesthetized dogs, the single intravenous dose of PGE₁ required for a 10 to 12 mm Hg fall in blood pressure ranged from 0.56 to 3.2 $\mu\text{g}/\text{kg}$. These differences were consistent for the four prostaglandins compared over the several days required for the test (338). In unanesthetized dogs a blood pressure fall of more than about 25 mm Hg seemed to disturb the dogs and the resulting movement and apprehension counteracted depressor action. This reaction may explain the brief increase in systolic pressure noted by Steinberg and Pittman (304) after large intravenous doses (20 $\mu\text{g}/\text{kg}$) of PGE₁ in unanesthetized dogs.

From these and other experiments it is evident that in dogs the combination of pentobarbital anesthesia, vagotomy, and ganglion blockade by pentolinium increases by at least 20-fold the sensitivity to the depressor action of PGs (338). However, in comparative experiments on the same rats, anesthesia and pentolinium do not change the depressor response to PGE₁ (140), although the lower initial pressure that resulted may have masked increased sensitivity.

The route of administration is of importance for the cardiovascular effects of PGE₁. Intra-aortic infusion produced more pronounced changes than intravenous (42), and infusion into the thoracic aorta was more depressor than infusion into the lower abdominal aorta (114). Uptake and metabolism of PGE₁ in the lungs (16, 163, 184) as well as rapid diffusion from the blood there may explain these findings. Infusion of PGE₁ into a common carotid artery raised blood pressure slightly; and the fact that this effect was reversed after ganglionic blockade suggests reflex sympathetic vasoconstriction (114). However, PGE₁ may also have a central vasomotor effect, since it was pressor when injected intra-arterially into the vascularly isolated, neurally intact head perfused by a donor dog when the carotid sinus and carotid body areas of the recipient had been denervated (207). The failure of Nakano and McCurdy (245) to see such systemic effect after intra-carotid injection may have been due to smaller doses (0.1 $\mu\text{g}/\text{kg}$ as a single injection *vs.* 5 $\mu\text{g}/\text{kg}$ or 0.4 $\mu\text{g}/\text{kg}/\text{min}$ infusion).

Lee *et al.* (228) studied a rabbit renal medullary lipid "medullin," which sub-

sequently was identified as PGA_2 (section VI C) (229). Its action on arterial pressure and cardiac output in the dog was qualitatively and quantitatively like that of PGE_1 .

The cardiovascular actions of $\text{PGF}_{2\alpha}$ are complicated by qualitative species variations. It is depressor in the cat and rabbit (13, 195), and pressor in the rat and dog (140), and in the spinal chick (197). In the anesthetized, intact chick, the effect may be pressor, depressor, or biphasic pressor-depressor (199). In the dog and rat (138), and in the rabbit (194, 195) $\text{PGF}_{2\alpha}$ is about five times more potent than $\text{PGF}_{1\alpha}$. The pressor activity of $\text{PGF}_{2\alpha}$ in spinal chicks persists after hexamethonium, phenoxybenzamine, or pronethalol (197, 199), and, in rats, it is augmented by ganglion blockade with pentolinium or by pretreatment with reserpine (140). Thus it is probably not mediated *via* the autonomic nervous system. In unanesthetized dogs, the pressor action of $\text{PGF}_{2\alpha}$ is accompanied by an increase in cardiac output and right atrial pressure, but calculated peripheral resistance is essentially unchanged (139, 140).

Peripheral and pulmonary circulation. The effect of a substance on a specific vascular bed is frequently evaluated through changes in blood flow or perfusion pressure after intra-arterial injection. In such experiments, PGE_1 decreases the calculated resistance in the hind limbs of dogs (228, 245, 300), cats (190), rabbits (29) and frogs (156). Carotid, renal and cutaneous blood flow are increased (194, 245). Although less potent than bradykinin and eledoisin on dog femoral flow, it is (on a molar basis) more potent than glyceryl trinitrate, acetylcholine, isoproterenol, or histamine (245, 300). The vasodilator effect is not influenced by atropine, the antihistamine tripeleminamine, or the β -adrenergic blocking agent propranolol (245, 300). PGE_2 is about as potent as PGE_1 , but PGE_3 is less potent (194).

The activity of $\text{PGF}_{2\alpha}$ on the peripheral circulation, as on blood pressure, is also complicated by species variations. In the cat, in which $\text{PGF}_{2\alpha}$ lowers blood pressure, it dilates muscle vessels but does not affect the renal vessels (13, 195). In the dog, in which it is pressor, $\text{PGF}_{2\alpha}$ has a very different action. Analysis of segmental vascular resistances by the method of Haddy *et al.* (173) revealed little effect on perfusion pressure in the limb of the dog, but a considerable increase in small vein pressure (140, 141). This effect is abolished by denervation and restored by electrical stimulation of the lumbar sympathetic trunk. In the whole animal, $\text{PGF}_{2\alpha}$ decreases venous capacitance. This action was clearly demonstrated in a preparation with cardiac output maintained constant by pumping blood from the right atrium to the pulmonary artery. $\text{PGF}_{2\alpha}$ still causes an increase in right atrial pressure (with a very slight effect on systemic blood pressure), or, when a pressure stabilizer is put on the venous side, it causes a shift of blood into the stabilizer reservoir (141). Hexamethonium, phenoxybenzamine, or denervation abolishes the effect of $\text{PGF}_{2\alpha}$ on the cutaneous veins of the perfused paw, but neither of these drugs prevents $\text{PGF}_{2\alpha}$ reduction of venous capacitance in the whole animal. The reason for this discrepancy has not been explained.

The pulmonary vessels likewise show a differential response to PGE_1 and $\text{PGF}_{2\alpha}$. PGE_1 decreases pulmonary resistance in the intact dog (235, 245), in the

perfused lobe of the dog lung (138), and in the isolated blood-perfused lungs of cats and rabbits (185). On the other hand, $\text{PGF}_{2\alpha}$ increases pulmonary arterial pressure in both cats (13) and dogs (140, 141).

Injection of either PGE_1 , PGE_2 , PGA_1 or $\text{PGF}_{1\alpha}$ into the carotid artery of anesthetized dogs causes a dose-related constriction of the blood vessels of the nasal mucosa and decrease in resistance of the nasal airway (313). PGE_1 and PGE_2 are the most potent, the threshold dose ranging, in different dogs, from 1 to 50 ng. The maximum effect produced by these two compounds is about the same as an equal dose of epinephrine, but their duration of action is more than seven times as long. Nasal mucosa has not been examined for the presence of prostaglandins, but a smooth-muscle stimulating unsaturated fatty acid has been reported in dog and sheep nasal mucosa (319).

An old observation of von Euler (158) of the effect of crude prostaglandin (probably mostly PGE_1) on the portal circulation of cats merits reinvestigation. He found that prostaglandin caused a rise in portal pressure and blanching of the liver. Since clamping of the abdominal aorta (but not the hepatic artery only) prevented the fall in carotid blood pressure after an intravenous injection of prostaglandin, pooling of blood in the portal vessels probably contributed to the depressor action.

Another old observation of von Euler, that prostaglandin increased resistance of human placental vessels (157), becomes more interesting since prostaglandins have been found in human umbilical cord, amniotic fluid, and decidua (208, 209, 211).

Isolated heart and coronary blood flow. Again there are species differences in the reaction of isolated perfused (Langendorff) mammalian hearts. PGE_1 has no effect on contractile force and rate of hearts from the cat (70, 158, 233), and rabbit (70, 156, 233), but increases them in the rat (70, 233, 328), guinea pig (70, 233) and chicken (199). In the frog, heart rate is not increased, but contractile force is (70, 156). In guinea pig hearts, 1 μg of PGE_1 had the same effect as 1 μg of epinephrine (70), and the effects produced were related to the Ca^{++} content of the medium (233). With normal Ca^{++} concentration, PGE_1 increased heart rate and coronary blood flow, but the inotropic responses were inconsistent, whereas in the presence of $\frac{1}{2}$ the usual Ca^{++} concentration PGE_1 consistently increased coronary flow and contractile force. Studies on calcium exchange rate by adding ^{45}Ca to the medium indicate that there is no net effect on the total exchangeable calcium, yet the rate at which tissues come to equilibrium is accelerated. The period of inotropic action roughly parallels the time of more rapid exchange of Ca^{++} (22, 216). When a compound increases rate and force of contraction, there is the possibility that the force effects may be only secondary to rate changes. However, in the frog heart the inotropic action of PGE_1 was not associated with an increased rate (22).

PGA_2 , as medullin (section VI C), was without effect on the rabbit heart (228). $\text{PGF}_{1\alpha}$, at concentrations as low as 50 ng/ml, increased contractile force of the perfused rat heart without affecting rate or coronary flow (328); but $\text{PGF}_{2\alpha}$ had no action on the isolated chicken heart (199). PGE_1 did not affect contraction of

the isolated heart of *Venus mercenaria* (118). In cultured chick hearts, both PGE₂ and PGF_{2α} were inactive (302).

It is unfortunate that the prostaglandins have not been tested in the dog heart-lung preparation, since in the intact dog with a Walton-Brodie strain gauge on the ventricle, intravenous PGE₁ increases the force (245) and PGF_{2α} is without effect (140).

B. Human studies

A short infusion of PGE (0.2 to 0.7 μg/kg/min) over 4 to 10 minutes in 2 persons was reported in 1959 to produce tachycardia, moderate hypotension, and decreased cardiac output (50). The results did not suggest any gross change in total peripheral resistance. PGE₁ given intravenously at 0.1 to 0.2 μg/kg/min to 3 healthy subjects for 20 minutes (39, 40) increased the heart rate about 20 beats/min, while systolic, diastolic, and mean arterial pressure remained unchanged. In more detailed studies with heart catheterization, PGE₁ was infused intravenously for 30-minute periods to 8 normal men at doses that were increased stepwise from 0.058 to a maximum of 0.58 μg/kg/min. Up to 0.1 μg/kg/min the peripheral resistance decreased (average 61%), cardiac output increased (average 60%), and there was an increase in both heart rate (average 27 beats/min) and stroke volume (average 19%). Average mean brachial artery pressure decreased 9 mm Hg. The oxygen uptake increased 15% (107). The circulatory changes induced by 0.058 to 0.1 μg/kg/min of PGE₁ in normal man are thus like the condition seen with arteriovenous shunts, cardiac output being elevated in relation to oxygen consumption. The increased heart rate may be due to sympathetic stimulation (114) or to a direct effect of PGE₁ on the heart (245). The increase in stroke volume in the presence of an increased heart rate reflects an increased venous return (107). Infusion of doses higher than 0.1 μg/kg/min further increased the heart rate and decreased the mean arterial pressure and stroke volume (107).

During infusion of PGE₁, right ventricular systolic pressure remained unchanged while the end-diastolic pressure decreased in spite of the increased stroke volume, cardiac output, and heart rate (107). This suggests a change in the myocardial function curve as was observed in dogs after single injections of PGE₁ (245).

Peripheral blood flow in the human limbs was increased by intra-arterial infusion of PGE₁. Measured by venous occlusion plethysmography, brachial artery infusion of as little as 0.01 ng/kg/min doubled blood flow and 1 ng/kg/min increased blood flow 10-fold (73). Likewise, infusion of 1 ng/kg/min into the femoral artery markedly increased femoral venous oxygen content without changes in heart rate or blood pressure (108). These observations suggest an increased blood flow in human limbs as seen after single injections in dogs (245).

The effect of PGE₂, PGA₁, PGF_{1α}, PGF_{1β} and PGF_{2α} in normal man was studied by intravenous infusion of 0.1 to 0.58 μg/kg/min for 30-minute periods. PGE₂ increased heart rate but to a lesser extent than PGE₁, and PGA₁ caused only a slight increase. Neither PGE₂ nor PGA₁ affected blood pressure. PGF_{1α}, PGF_{1β} and PGF_{2α} had no effect on these parameters (109).

C. Renal vasodepressor lipids

Crude lipid extracts of the medullary portion of the kidney of the dog, pig (188, 240), rabbit (188, 230, 312), and rat (188) and of man (188, 240, 312) have an acute vasodepressor action. The actions of these lipids are compatible with those of PGE₁ or PGE₂. PGE₁ has been reported present in rabbit renal medullary extracts (228, 312), but more recent work indicates that PGE₂ is the major vasodepressor lipid of the rabbit kidney (130). The isolation procedure used in one of the studies reporting PGE₁ (312) would not differentiate PGE₁ from PGE₂ (172). The name "medullin" was applied to a lipid extracted from rabbit kidney which was subsequently identified as PGA₂ (228, 229). This PGA₂ apparently was formed by acid conversion of PGE₂ to PGA₂ during the extraction process (312).

Experimental hypertension. Muirhead and co-workers (240, 242) have prepared a neutral renal lipid from hog kidney that was without acute depressor action but, when given by mouth, suppressed renoprival hypertension in the dog. This lipid, even though still impure, was effective against dog renoprival hypertension at doses of less than 4 µg/kg/day and decreased blood pressure when given daily by mouth after about a 10-day latent period in renal hypertension in the dog (239) and rabbit (241). Because of the close association of prostaglandins with these neutral renal lipids, certain prostaglandins were tested under blind code in canine renoprival hypertension. PGE₁, PGA₂ and PGF_{2α} were not tested sufficiently for definitive conclusions, but PGE₂, PGA₁ and PGF_{1α} were active (242). The doses used, in µg/kg/day orally, were PGE₂ 15 to 29, PGA₁ 5 to 100, and PGF_{1α} 15 to 30.

In contrast to the neutral renal lipids, PGA₁ has not shown clear activity in experimental renal hypertension. Muirhead *et al.* (242) reported a suggestion of activity in canine renal hypertension, but further testing failed to confirm this impression (238). Contrary to one preliminary report (187), PGA₁, in single daily doses up to 0.32 mg/kg intraperitoneally for 2 weeks, did not lower blood pressure in rats with renal hypertension (337). PGE₂, in massive daily doses up to 3 mg/kg intramuscularly, lowers blood pressure in rat renal hypertension (243). Whether this action is related to the anti-renoprival action in the dog is conjectural.

PGE₁, infused into the renal artery, did not affect renin release from the dog kidney (323).

Renal function. When subhypotensive doses of PGE₁ are infused directly into one renal artery of anesthetized dogs, urine flow, sodium excretion, and free water clearance increase, glomerular filtration rate remains unchanged, and *p*-aminohippurate extraction decreases (204, 323). The results are the same whether prostaglandin is given during mannitol diuresis, vasopressin infusion, or water loading. There were no effects on the contralateral kidney, blood pressure or heart rate. Threshold effects were evident in some dogs at 20 ng/min. PGA₁ was infused intravenously to dogs during mannitol, vasopressin and desoxycorticosterone infusion (115). The results are not strictly comparable because blood pressure and glomerular filtration rate were decreased, but PGA₁ still caused an increased blood flow and decreased TcH₂O (sometimes progressing to free water clearance). It is tempting to attribute these diuretic effects to an inhibition of the action of

vasopressin, as seen in the isolated toad bladder (251) and in the isolated perfused collecting tubules of the rabbit kidney (249). However, these same effects are produced by a variety of chemically unrelated vasodilators (see 204 for references). Redistribution of renal blood flow and an inhibition of tubular sodium reabsorption are adequate alternate explanations. Since prostaglandins occur in the kidney and are effective in very small amounts, they may serve in the intrarenal regulation of sodium and water excretion.

VII. RELATIONSHIPS TO LIPID AND CARBOHYDRATE METABOLISM

A. Metabolism of free fatty acids

In the last decade the metabolism of plasma free fatty acids (FFA) has been elucidated. FFA are continuously mobilized from adipose tissue into blood plasma and transported to various tissues, where they are esterified and eventually oxidized to generate energy. The mobilization of FFA from adipose tissue is a complex process regulated by a variety of hormonal, nervous, and nutritional factors. It was against this background of fundamental interest that the inhibition of the mobilization of FFA by PGE_1 was demonstrated *in vitro* (306) and *in vivo* (41, 306). The metabolism and physiology of FFA has recently been reviewed extensively (271).

Studies in vitro in adipose tissue. Steinberg *et al.* (306, 307) first showed that PGE_1 reduces the release of glycerol into the medium during incubation of rat epididymal fat. Since glycerol release measures the rate of lipolysis independent of the rate of re-esterification (271), this finding indicates that PGE_1 inhibits the breakdown of triglycerides (figure 3). Inhibition by PGE_1 of nonstimulated (basal) glycerol release from adipose tissue of fed rats has been repeatedly confirmed (38, 45, 67, 78, 79, 101-103, 220, 232, 253, 305, 308, 309, 326). PGE_1 is one of the most potent inhibitors of lipolysis known: as little as 1 ng/ml reduces basal glycerol release and 100 ng/ml inhibits it maximally (102). Several authors have reported that in adipose tissue from fasted rats PGE_1 does not inhibit lipolysis (38, 102, 308, 309). Re-feeding fasted rats with glucose restores the sensitivity to PGE_1 in 1 hour (105). Yet PGE_1 inhibits lipolysis in isolated parametrial fat cells from fasted rats (161), and Kupiecki (222) found that PGE_1 , in comparable concentrations, inhibits lipolysis when added to adipose tissue from fasted rats and that in tissue taken from fasted rats pretreated with PGE_1 the FFA concentration is decreased. Haessler and Crawford (176) recently reported that in fat from fasted rats the inhibition by PGE_1 of both basal lipolysis and lipolysis stimulated by epinephrine was dependent upon the presence of glucose in the incubation medium; but Bergström and Carlson (38) used a glucose-containing medium and found PGE_1 to be ineffective. Perhaps differences between strains of rat may explain these discrepancies.

PGE_1 reduces lipolysis in rat adipose tissue treated with a variety of lipolytic hormones, such as epinephrine and norepinephrine (76, 79, 102, 161, 306, 307, 309, 310), ACTH and TSH (161, 306, 307), tri-iodothyronine (232), glucagon (306), and growth hormone (161, 76, 79). As with basal lipolysis, PGE_1 is a potent inhibitor: 3.2 ng/ml significantly inhibits the effect of 100 ng/ml of epinephrine

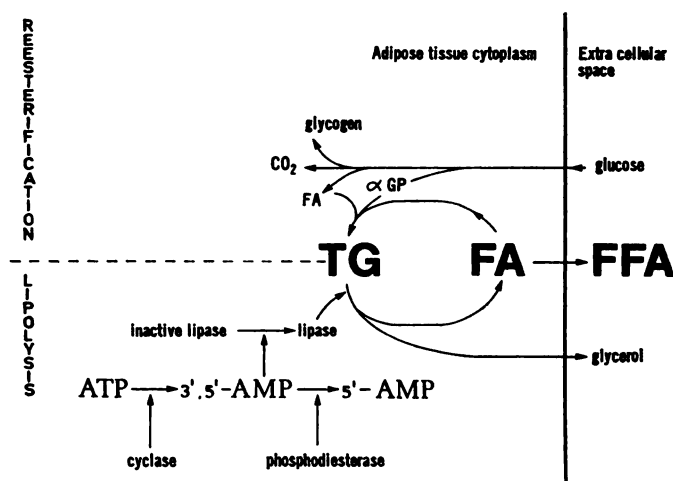


Fig. 3. Schematic illustration of lipolysis and re-esterification in adipose tissue, the two major processes that regulate the mobilization of free fatty acids. The effect of PGE_1 on these processes is reviewed in the text. FA, fatty acid; FFA, free fatty acid; TG, triglyceride; α -GP, α -glycerophosphate; 3',5'-AMP, 3',5'-adenosine monophosphate.

and the maximal effect (41% inhibition) occurs at 100 ng/ml (340). The antagonism of PGE_1 and catecholamines has been described as competitive (161), non-competitive (237) and mixed, the noncompetitive component being more prominent in a medium with $\frac{1}{2}$ the usual calcium (162).

FFA release evoked by electrical stimulation of the sympathetic nerves to the rat epididymal fat pad *in vitro* was abolished by 1 ng/ml of PGE_1 (71). Since prostaglandin release from the fat pad can also be evoked by nerve stimulation in comparable concentrations (266, 298) (section V A), a physiological role as feedback regulation of FFA mobilization is suggested. It must be recognized, however, that rat adipose tissue has been studied only in the epididymal fat pad.

The basal release of glycerol from excised human subcutaneous adipose tissue is reduced by 10 ng/ml but not 1 ng/ml of PGE_1 (101), and 1 $\mu\text{g}/\text{ml}$ reduces lipolysis stimulated by norepinephrine (36). Recently, the responses of human subcutaneous and omental adipose tissue to PGE_1 and norepinephrine were compared (111). PGE_1 at 1 $\mu\text{g}/\text{ml}$ depressed norepinephrine-stimulated glycerol release in tissue from both sites but at 100 ng/ml it reduced basal glycerol release from omental fat in only 3 of 13 cases compared to 9 of 11 for subcutaneous tissue. Possibly prostaglandin-sensitive lipolytic systems are more active under basal conditions in the subcutaneous tissue.

Surprisingly, little has been done *in vitro* on adipose tissue from species other than man and the rat. In rabbit omental and perirenal adipose tissue, PGE_1 has no effect on basal glycerol release but reduces lipolysis stimulated by norepinephrine or ACTH (113).

The antilipolytic potencies of several other prostaglandins have been determined on rat adipose tissue. PGA_1 is virtually inactive (45, 129, 338). $\text{PGF}_{1\alpha}$ and

PGF_{2α} are much weaker than their PGE analogs (83, 105, 307) and PGF_{1α} is completely inactive (83, 85, 307). The results of a parallel-line assay comparing prostaglandins E₁, E₂, A₁ and A₂ are given in table 1. PGE₂ is almost 3 times more potent than PGE₁. Of several other prostaglandin analogs tested, only *dihomo* PGE₁ (the C-22 analog) has activity roughly equal to that of PGE₁ (104).

Studies in vivo. Continuous infusion of norepinephrine in anesthetized dogs raises plasma FFA and glycerol by mobilizing them from adipose tissue. Either a single intravenous injection or continuous infusion of PGE₁ lowers elevated plasma FFA and glycerol in such dogs (41, 42); the result suggests an effect on lipolysis in adipose tissue. Studies with labeled palmitate showed that PGE₁ inhibited the movement of FFA into the plasma. Likewise, PGE₁ inhibits the effect on FFA mobilization of either epinephrine or the sympathetic ganglion stimulant dimethylphenylpiperazinium bromide (DMPP) (43, 44, 307). In rats, PGE₁ infusion reduces the elevated FFA induced by norepinephrine, ACTH, or exposure to cold (67). These results are compatible with those obtained *in vitro* on the inhibition of catecholamine lipolysis by PGE₁ in adipose tissue.

The picture became more complex when the effect of PGE₁ was studied on unstimulated FFA mobilization. A relatively large single parenteral dose or the intravenous or intra-aortic infusion of PGE₁ lowers plasma FFA in rabbits (77, 78, 80), guinea pigs (68) and rats (67, 68, 222). However, the intravenous infusion of the relatively small dose of 0.2 μg/kg/min into man or the dog increases plasma glycerol and FFA (39, 40, 43, 44). In man, this dose of PGE₁ only slightly reduces the elevation in glycerol and plasma FFA induced by simultaneous norepinephrine infusion (39, 40). However, when PGE₁ is infused in dogs in larger doses, comparable to those used to inhibit the effects of norepinephrine infusion (0.4 to 1.6 μg/kg/min), plasma glycerol and FFA decrease (44). A ganglion blocking agent prevents the increase in plasma FFA induced by low doses of PGE₁ (44). This implies that the increase was secondary to activation of the sympathetic nervous system by lowered blood pressure. Indeed, nitroglycerine and a variety of unrelated hypotensive drugs also increase plasma FFA in the dog (287, 304). In the same dose in unanesthetized dogs, PGE₁ lowered but PGA₁ raised plasma FFA (304). PGA₁ has no antilipolytic effect but is at least equal to PGE₁ as a vasodepressor agent. In fasted (but not in fed) rats, intravenous PGE₁ had a biphasic effect on plasma FFA: first a fall, followed by a rise, and then return to normal after 30 minutes (222). It was suggested that in rats, contrary to dogs (42, 304), the antilipolytic action was brief compared to sympathetic activation.

All of these studies suggest that intravenous PGE₁ acts by two independent mechanisms (44, 102): 1) at low doses stimulation of FFA mobilization by way of the sympathetic nervous system, probably as a compensatory reaction to lowered blood pressure; and 2) at high doses reduction of FFA mobilization by inhibition of lipolysis enough to overcome the sympathetic effect.

The actions of other prostaglandins *in vivo* are what would have been expected from their effects *in vitro*. Single injections of PGE₂ and PGE₃ lowered norepinephrine-induced elevation of plasma FFA in dogs and PGF_{1α} was without effect (42). PGA₁ either raised or did not change plasma FFA (45, 304). In man,

infusion of PGE₂ (0.056 to 0.32 $\mu\text{g}/\text{kg}/\text{min}$ for 30 min) tended to raise FFA as in the case of PGE₁, while the same doses of PGA₁, PGF_{1 α} and PGF_{1 β} , and PGF_{2 α} had no clear effect (106).

Mechanism of action. The two major processes that regulate FFA mobilization are lipolysis and re-esterification, as outlined in a simplified form in figure 3. Several lipases may participate in the lipolytic process, but a triglyceride lipase called "the hormone-sensitive lipase" appears to be rate-limiting (327). Available evidence indicates an important role of cyclic 3',5'-AMP in mediating the lipolytic actions of catecholamines and other agents by activating this lipase (see 87, 272). Glucose metabolism has a key position in the control of re-esterification by providing the obligatory α -glycerophosphate, which cannot be formed from glycerol in adipose tissue (figure 3). When considering the site of action of PGE₁, one must recognize that effects on the lipase system may have secondary effects on re-esterification and *vice versa*.

Since PGE₁ opposes the catecholamine-induced elevations of plasma FFA and glycerol in a parallel fashion in intact dogs (42), an action on the lipolytic process appeared reasonable. PGE₁ decreases the epinephrine-induced activation of the lipase of rat adipose tissue (307), and in rats treated with PGE₁ the basal rate of lipolysis of their isolated adipose tissue is reduced (222). Epinephrine increases the accumulation of cyclic AMP in adipose tissue *in vitro* (84), and this increase is inhibited by PGE₁ in concentrations that also inhibit lipolysis (85, 87). These data do not show whether the PGE₁ reduces the formation of cyclic AMP by inhibition of the cyclase or accelerates its destruction by stimulating the phosphodiesterase (see figure 3). Since PGE₁ does not inhibit stimulation of lipolysis by either cyclic AMP itself or its dibutyryl derivative, it probably acts before activation of the lipase system by cyclic AMP (305).

Theophylline stimulates lipolysis presumably by inhibiting phosphodiesterase (86). PGE₁ inhibits theophylline-induced lipolysis in rat adipose tissue (237, 301, 305), apparently in a competitive manner (237). At high concentrations of theophylline, PGE₁ may be relatively ineffective, either because of the competitive nature of the inhibition or because in the presence of virtually complete inhibition of phosphodiesterase the rate of formation of cyclic AMP is no longer rate-limiting (303, 305). At equivalent concentrations, PGE₁ inhibits theophylline-induced lipolysis to a greater degree than norepinephrine and also the maximum inhibition is greater (237).

Vasopressin is considered to have its actions by way of cyclic AMP (250). PGE₁ inhibits the lipolysis induced by vasopressin in rat adipose tissue (325) and the decrease of water permeability induced by vasopressin in isolated collecting tubules of the rabbit (249) and in the toad bladder (251). In the latter tissue PGE₁ inhibits the change of permeability caused by theophylline but not that caused by cyclic AMP itself. Theophylline stimulation on the toad bladder is extremely sensitive to PGE₁ inhibition, significant activity being detected at 0.06 ng/ml (1.7×10^{-10} M) (251).

In whole epididymal fat tissue of the rat, PGE₁ inhibits both the increase in lipolysis and the increase in tissue cyclic AMP induced by epinephrine. Para-

doxically, PGE₁ alone increases cyclic AMP to levels which would have maximally activated lipolysis; nevertheless there is no effect on lipolysis (83, 84). In isolated fat cells, PGE₁ similarly inhibits the epinephrine-induced increase in cyclic AMP but has no effect when added alone. This result implies that some other type of cell in the fat pad was responsible for the increased cyclic AMP. Indeed, PGE₁ also increases cyclic AMP levels in isolated rat lung, diaphragm and spleen, but does not decrease the epinephrine effect in these tissues. The significance of this action of PGE₁ on cyclic AMP is not yet known.

Intravenous heparin in intact rabbits releases lipoprotein lipase into plasma, and this leads to elevated plasma FFA and glycerol. Simultaneous infusion of PGE₁ antagonizes only the rise in FFA, but does not affect the rise in glycerol (80). PGE₁ does not affect lipoprotein lipase activity of human or rabbit plasma (74, 80). This selective action on FFA was interpreted as stimulation of re-esterification in tissues by PGE₁, leading to an increased efflux of FFA from plasma (80). It has been reported that in isolated rat adipose tissue, PGE₁ does not affect incorporation of ³H-palmitate (301); this result would imply that there was no effect on re-esterification, but there is also a report that re-esterification was promoted (176).

B. Deficiency of essential fatty acids

Since the precursors of prostaglandins are essential fatty acids (EFA), animals deficient in EFA might also become deficient in prostaglandins. This lack of prostaglandin, by removing a natural inhibitor to lipolysis, could result in chronic hypermobilization of FFA. In line with this hypothesis, EFA deficient rats have elevated plasma FFA (37, 132, 223) [but one observer reported no elevation (253)], the rise in their plasma FFA after subcutaneous norepinephrine is greater (253), and their adipose tissue *in vitro* has an elevated basal lipolytic rate (37, 253). Also basal lipolysis *in vitro* is not inhibited by a concentration of PGE₁ which inhibits it in normal tissue (37), and liver lipids are elevated in both deficient rats and deficient mice (4, 37, 132, 223). Norepinephrine stimulation of lipolysis *in vitro* in adipose tissue from deficient rats is inhibited by PGE₁ (37).

However, the overt signs of EFA deficiency (decreased growth rate, scaly tail and feet, increased water permeability of the skin) were not influenced in EFA deficient rats or mice by PGE₁ either by mouth or intravenously (up to 1 mg/kg/day for 8 weeks by continuous intravenous infusion) (133, 168, 223, 224). Similarly, a 4-week continuous intravenous infusion of a mixture of PGE₂ and PGF_{2α} (0.5 mg/kg/day of each) was without effect on the dermal signs in EFA deficient rats (223).

C. Metabolism of carbohydrate

Blood glucose. PGE₁, given by either single injection or infusion, elevates blood sugar in dogs (44, 287), rabbits (78, 253), rats, and guinea pigs (67-69). Since this hyperglycemia does not occur in rats after adrenal demedullation, it is probably mediated by a reflex release of adrenal epinephrine in response to lowered blood pressure. Several hypotensive drugs cause hyperglycemia in dogs

(287). In dogs given a catecholamine or the ganglion stimulant DMPP, PGE₁ blocks the rise in plasma fatty acids but has no effect upon the simultaneous hyperglycemia (42, 43, 304). It further increases theophylline-induced hyperglycemia in the rabbit (253).

Insulin-like actions. PGE₁ not only affects the lipolytic process in adipose tissue but also influences some aspects of glucose metabolism in a way similar to insulin. In isolated rat adipose tissue, PGE₁ stimulates glucose uptake, glucose oxidation, and triglyceride synthesis from both glucose and acetate (75, 76, 79, 176, 326). As with insulin, the increased incorporation of label is primarily into the fatty acid part of the triglycerides (75, 76, 176, 326). PGE₁ given to intact rats at 10 $\mu\text{g}/\text{kg}$ intraperitoneally increases the incorporation of labeled glucose into the glycogen of the diaphragm and of epididymal fat (76). *In vitro*, PGE₁ stimulates glycogen synthesis in rat adipose tissue, but it does not affect glucose uptake by the diaphragm; PGA₁ had neither of these effects (326). Intravenous infusion of PGE₁ in anesthetized dogs did not change the insulin-like activity of blood, even though in this study blood glucose as well as FFA decreased (235). This effect on blood glucose is contrary to previous studies in dogs (43, 44) and man (106). It is not known if these effects on glucose metabolism reflect primary actions of PGE₁ or if they occur secondarily as a result of inhibited lipolysis and a lowered intracellular fatty acid pool.

D. Other aspects

Adipose tissue from rats with experimental hypothalamic obesity fails to release FFA on stimulation with epinephrine *in vitro* (174). The adipose tissue from such rats contains an inhibitor with some properties similar to those of the prostaglandins (175). This finding is of especial interest in that prostaglandins are also normally found in adipose tissue and are released upon either nerve stimulation or addition of catecholamines (296, 298).

PGE₁ reduces lipolysis in adipose tissue from alloxan diabetic rats *in vitro* (309) (see also section VII A). Another observation possibly related to diabetes is that the sensitivity of rat adipose tissue *in vitro* to inhibition of basal lipolysis by PGE₁ decreases with increasing age of the animals (110).

Although PGE₁ seems neither to inhibit adipose tissue lipase itself (305), nor to affect plasma lipoprotein lipase (74, 80), intravenous infusion of PGE₁ in rats and guinea pigs increased the activity of cardiac lipoprotein lipase (68) and cardiac phosphorylase (255). It was suggested this effect might have been a response to a simultaneous reduction in plasma FFA.

A 2-week infusion of PGE₁ (1 mg/kg/day) to unanesthetized rats had no effect on the baseline lipolysis of their epididymal fat tissue *in vitro*, but the lipolysis induced by epinephrine was significantly greater than in controls (223). Limited tests showed an even greater effect after an 8-week infusion (224).

VII. MISCELLANEOUS

Clinical effects of prostaglandin infusions. Relatively large intravenous infusions (0.2 to 0.7 $\mu\text{g}/\text{kg}/\text{min}$) of PGE₁ cause flushing of the face, headache, and an

oppressive feeling in the chest (50). Recently, observations were made on a total of 11 healthy male volunteers with smaller rates of infusion (39, 103, 106). Whereas infusion of 0.03 $\mu\text{g}/\text{kg}/\text{min}$ had no effect, at 0.05 or 0.1 $\mu\text{g}/\text{kg}/\text{min}$ flushing of the face appeared in all subjects, and most reported a headache of a pulsating character. Intermittent abdominal cramps occurred at infusion rates of 0.1 to 0.3 $\mu\text{g}/\text{kg}/\text{min}$. The commonest reason to stop the infusion was this cramping, and headache was second. The symptoms disappeared within 15 to 30 minutes after stopping the infusion. One subject complained of seeing flashes of light and then getting a unilateral headache. Similar visual symptoms were described by another subject. Although these symptoms resembled migraine, none of the subjects had any history of this disease.

Oxygen consumption increased about 15 % with 0.1 $\mu\text{g}/\text{kg}/\text{min}$ of PGE_1 , and with higher infusion rates to an average of 42 %. Total ventilation increased in all subjects and in 3 respiratory alkalosis developed. These observations are in accord with the increased respiration and oxygen consumption observed in anesthetized dogs (235).

Acute and chronic toxicity. Because of the limited amounts of these compounds and their relatively low toxicity, few acute toxicity studies have been reported. In mice the intraperitoneal LD50 for PGE_1 was about 70 mg/kg with deaths being delayed several hours. Mice survived 100 mg/kg of PGA_1 intraperitoneally. For both prostaglandins, only loss of the righting reflex was noticed (337). Of 6 rats that received 100 mg/kg by intravenous infusion over periods ranging from 32 to 86 minutes, 4 died between 80 minutes and 24 hours later. Abnormal electrocardiographic changes were not observed; the outstanding signs were prostration (but the rats responded to pinching), a precipitous fall in blood pressure to 25 to 40 mm Hg, and some cyanosis in the feet and ears (339).

Continuous intravenous infusion of 3 mg/kg/day of PGE_1 to unanesthetized unrestrained rats led to a swelling of the hind feet after about 3 days. This swelling subsided a day or two after stopping the infusion. Neither PGA_1 nor $\text{PGF}_2\alpha$ at the same dose caused this reaction after 7 days of infusion (339).

Blood platelets and coagulation. Platelet-to-glass adhesiveness and platelet aggregation induced by ADP, ATP, serotonin, thrombin, or connective tissue extract are inhibited by PGE_1 in pig, rat, and human plasma (152, 218). PGE_1 disperses aggregates induced by ADP but not those induced by collagen, even though it inhibits the formation of the latter (116). PGE_1 suppresses platelet thrombus formation in injured cerebral arteries in rabbits after single intravenous injections of 5 to 30 $\mu\text{g}/\text{kg}$ or infusion of 0.4 to 1.6 $\mu\text{g}/\text{kg}/\text{min}$ (152). A massive dose (2 mg/kg intravenously) in rats prevents platelet aggregation for at least 30 minutes; lower doses for a shorter time (116). Intravenous infusion of 0.05 to 0.1 $\mu\text{g}/\text{kg}/\text{min}$ for 30 minutes to 3 healthy human subjects had no apparent effect on platelet aggregation (112).

In his initial study, Kloeze (218) reported that PGE_2 , in contrast to PGE_1 , stimulated platelet aggregation at about the same concentration. Chandrasekhar (117), using both the revolving plastic loop technique (299) and an optical density method similar to that used by Kloeze, found PGE_2 to be qualitatively like

PGE₁. The differences between the two laboratories are yet to be resolved. Relative potencies are given in table 1.

Although Emmons *et al.* (152) reported that PGE₁ did not affect recalcification time in whole rabbit blood, Ferri *et al.* (164) found that PGE₁ restored coagulation time to normal in a calcium deficient system.

Other. PGE₁ increases the short circuit current in the frog skin; this effect implies a stimulation of sodium ion transport (162). Intradermal injection of PGE₁ increases capillary permeability to pontamine sky blue in guinea pigs but has no effect on production of pain in the human blister base (191). PGE₁ (10 μg/ml) does not affect ciliary activity of rabbit trachea (193). PGE₂ or PGB₁, but not PGF_{1α}, in cultured skin of the chick embryo, blocks development of the down feather organ and stimulates epidermal proliferation and keratinization (215). PGE₁ and PGF_{1α} in low (0.04 to 0.4 μg/ml) but not high (40 μg/ml) concentrations inhibited protein synthesis in a cell-free system (275).

IX. SUMMARY

The prostaglandins are a family of lipids, originally discovered over 30 years ago in human seminal fluid, which have since been found not only to have a wide variety of striking pharmacological actions, but also to be present in many if not all mammalian tissues. They have an unusual chemical structure, being 20-carbon fatty acids derived enzymically from the essential fatty acids by cyclization and oxidation. Converting enzymes have been demonstrated in many tissues; they are especially active in the vesicular glands of the sheep, which are used for a practical method of biosynthesis.

The individual prostaglandins differ among themselves both qualitatively and quantitatively. Prostaglandins have a wide spectrum of biological action: They are smooth muscle stimulants, depressor peripheral vasodilators (except the PGFs which are pressor and vasoconstrictor in dogs), and inhibitors of lipolysis, platelet aggregation and gastric secretion. In these areas, they are among the most potent compounds known, activity being present in some systems at concentrations of 0.01 ng/ml *in vitro*, and activity of 10 ng/kg *in vivo*. Prostaglandin formation and release is brought about by nerve activity, both central and peripheral. Their presence in biologically large concentrations in menstrual fluid and amniotic fluid at term is intriguing.

Physiological roles for these recently rediscovered compounds are yet to be established, but whenever substances are found in tissues which in very small doses can affect the function of these tissues, there is the possibility that they are regulators of physiological activity. Each effect of one or another prostaglandin suggests a corresponding physiological role, whether stimulatory or inhibitory, on such systems as smooth muscle, nerves, the circulation, and the reproductive organs. In the last named, roles in relation to fertility and coitus and later possible action in relation to labor and postpartum uterine contraction have been proposed. Prostaglandins liberated by nerve stimulation, which then have actions opposite to that of the nerve stimulation, suggests a role as feed-back inhibitors. Thus, sympathetic nerve stimulation to adipose tissue induces both lipolysis and

the release of antilipolytic prostaglandins, and vagal stimulation to the stomach, both secretion and the release of prostaglandins with powerful antisecretory actions. On the other hand, the ability of minute amounts of certain prostaglandins, inactive in their own right, to potentiate other agonists, suggests a more general role on ion transport or membrane function.

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